ISSUE 32 • SPRING 16

VIRGINIA A MAGAZINE FOR THE PEOPLE OF



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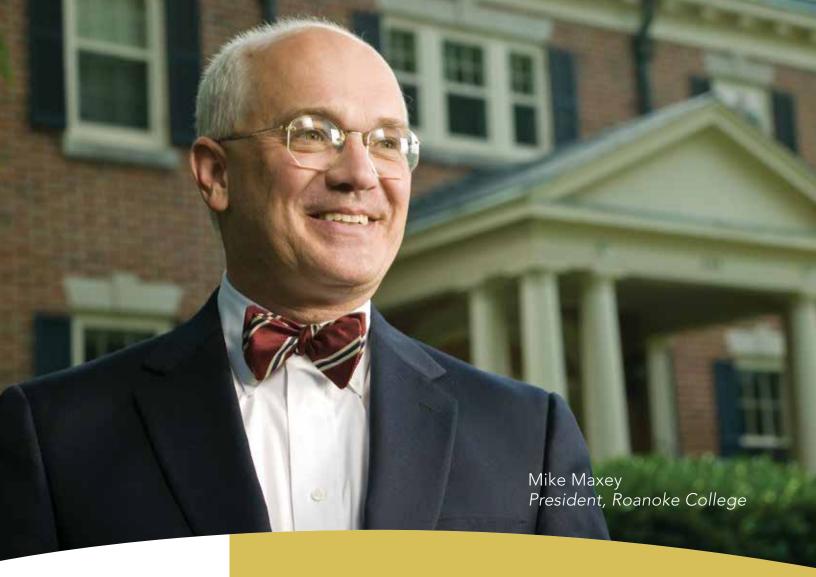


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Mike Maxev. President. Roanoke College





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You can view this edition of the Salem Magazine as well as previous issues for free at www.salemva.gov



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2016 HOLIDAY
TRASH COLLECTION
SCHEDULE

Memorial Day - May 30, 2016

MONDAY- MAY 30 - ROUTE COLLECTED TUESDAY (5/31)
TUESDAY, WEDNESDAY, THURSDAY & FRIDAY ROUTES UNCHANGED

Independence Day - July 4, 2016

MONDAY- JULY 4 - ROUTE COLLECTED TUESDAY (7/5)
TUESDAY, WEDNESDAY, THURSDAY & FRIDAY ROUTES UNCHANGED

Labor Day - September 5, 2016

MONDAY- SEPTEMBER 5 - ROUTE COLLECTED TUESDAY (9/6) TUESDAY, WEDNESDAY, THURSDAY & FRIDAY ROUTES UNCHANGED

Veterans Day - November 11, 2016

FRIDAY- NOVEMBER 11 - ROUTE COLLECTED THURSDAY (11/10) MONDAY, TUESDAY, WEDNESDAY & THURSDAY ROUTES UNCHANGED

Thanksgiving Day - November 24, 2016

THURSDAY - NOV. 24 - ROUTE COLLECTED MONDAY (11/21) FRIDAY - NOV. 25 - ROUTE COLLECTED TUESDAY (11/22) MONDAY, TUESDAY & WEDNESDAY ROUTES UNCHANGED

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Salem City Hall is located at 114 North Broad Street. Council meets on the 2nd and 4th Mondays of every month at 7:30 p.m. in the council chambers located on the main level of the building.



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Commonwealth's Attorney	(540)375-3041
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Finance Department	(540)375-3061
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Library	(540)375-3089
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Utility Collections	(540)375-3021
Voter Registration	(540)375-3034
Water & Sewer	(540)375-3029
Zoning	(540)375-3017



2016 SUMMER PROGRAMS

Children's Pro	grams
----------------	-------

Chil	dren	's Programs	
June	13	9 a.m11 a.m.	Little Critters Petting Zoo
		6:30 p.m.	Family Storytime (all ages)
	14	9:30 a.m.	Bouncy Baby (infants and crawling babies)
		3 p.m.	Girls' Summer Book Club (ages 8-11)
	15	10 a.m.	Toddler Time (walking toddlers under 3 yrs)
	16	10 a.m.	Summer Storytime (ages 3 and up)
		3:30 p.m.	Karate Kids (ages 9-12)
	17	10 a.m.	Karate Kids (ages 5-8)
	18	10 a.m.	Dance w/ Daddy Toddler Time (toddlers to 4)
	20	10:30 a.m.	Mill Mountain Theatre
			"Tall Tales: A Folk Musical" (all kids)
		6:30 p.m.	Family Storytime (all ages)
	21	9:30 a.m.	Bouncy Baby (infants and crawling babies)
		3 p.m.	LEGO Club (ages 6-12)
	22	10 a.m.	Toddler Time (walking toddlers under 3 yrs)
	23	10 a.m.	Summer Storytime (ages 3 and up)
	24	10 a.m.	Sporty Crafts (ages 4 -11)
	25	9a-12p/6p-9p	Great American Backyard Campout
	27	9 a.m11 a.m.	Little Critters Petting Zoo
		6:30 p.m.	Family Storytime (all ages)
	28	9:30 a.m.	Bouncy Baby (infants and crawling babies)
		3 p.m.	Book Blast for Boys (ages 8-11)
	29	10 a.m.	Toddler Time (walking toddlers under 3 yrs)
	30	10 a.m.	Summer Storytime (ages 3 and up)
July	5	9:30 a.m.	Bouncy Baby (infants and crawling babies)
		3 p.m.	LEGO Club (ages 6-12)
	6	10 a.m.	Toddler Time (walking toddlers under 3 yrs)
	7	10 a.m.	Summer Storytime (ages 3 and up)
	8	10 a.m.	Sporty Crafts (ages 4 -11)
	9	10 a.m.	Toddler Dance Party (toddlers under 3 yrs)
	11	6:30 p.m.	Family Storytime (all ages)
	12	9:30 a.m.	Bouncy Baby (infants and crawling babies)
		3 p.m.	Girls' Summer Book Club (ages 8-11)
	13	10 a.m.	Toddler Time (walking toddlers under 3 yrs)
	14	10 a.m.	Summer Storytime (ages 3 and up)
		3 p.m.	Book Blast for Boys (ages 8-11)
	15	10 a.m.	Storytelling by Vicky Town (all ages)
		1 p.m.	Storytelling by Vicky Town (all ages)
	18	6:30 p.m.	Family Storytime (all ages)
	19	9:30 a.m.	Bouncy Baby (infants and crawling babies)
		3 p.m.	LEGO Club (ages 6-12)

20	10 a.m.	Toddler Time (walking toddlers under 3 yrs)
21	10 a.m.	Summer Storytime (ages 3 and up)
22	10 a.m.	Sporty Crafts (ages 4 -11)
25	10 a.m.	Pint-Sized Polkas (all ages)
	6:30 p.m.	Pint-Sized Polkas (all ages)
26	9:30 a.m.	Bouncy Baby (infants and crawling babies)
27	10 a.m.	Toddler Time (walking toddlers under 3 yrs)
28	10 a.m.	Summer Storytime (ages 3 and up)
29	10 a.m.	Craft Closet Clear-out (ages 4 -11)

Teen Programs: ages 12-18

	•	
June 21	Noon	High Noon Book Club - Lunch provided!
22	11 a.m.	Free Karate classes with Wado-Qi Karate
23	11 a.m.	Free Karate classes with Wado-Qi Karate
July 5	Noon	High Noon Book Club - Lunch provided!
11	2 p.m.	Tera Bracelets
14	2 p.m.	Free Carbyne Crossfit Demo Sessions
18	2 p.m.	Virginia String Art
19	Noon	High Noon Book Club - Lunch provided!
21	2 p.m.	Wacky Olympics
26	2 p.m.	Free Carbyne Crossfit Demo Sessions
29	5-7pm	Amazing Race – For Teens!

Adult Programs ages 18+

Auu	1611	ogiailis ages it)T
June	14	9 a.m.	Running Book Club (and Walkers, too!)
	15	2 p.m.	Rest, Relaxation & Getting a Good Night's
			Sleep - Feng Shui for Your Bedroom with
			Carolyn/Lifestream Center
	21	9 a.m.	Running Book Club (and Walkers, too!)
	28	9 a.m.	Running Book Club (and Walkers, too!)
	28	1 p.m.	Afternoon Book & Tea Club: "A Man Called
			Ove" by Fredrik Backman
	29	2 p.m.	Laughing Yoga with Kristin Pugh of
			Mindful Energetics
July	5	9 a.m.	Running Book Club (and Walkers, too!)
	12	9 a.m.	Running Book Club (and Walkers, too!)
	19	9 a.m.	Running Book Club (and Walkers, too!)
	26	9 a.m.	Running Book Club (and Walkers, too!)
	26	1 p.m.	Afternoon Book & Tea Club: "The Golem &
			The Jinni" by Helen Wecker
	27	2 p.m.	Mindfulness & Meditation for Stress Relief:
			Practical Tips Practical Tips

KEVIN'S CORNER

Kevin Boggess - City Manager kboggess@salemva.gov 375-3016

When we reach a certain age in life, we often need more fiber. The same could be said for the Roanoke Valley's infrastructure.

In 2011, a group of Roanoke Valley citizens and business owners joined the cities of Salem and Roanoke and the counties of Roanoke and Botetourt to take a look at our region's access to fiber-optic based internet services.

What we discovered was that we were well behind the rest of the country. How far behind were we? Only eight percent of the valley's metro population had access to fiber networks while the average across the country

was 24 percent.

The decision was made to create a regional organization known as the Roanoke Valley Broadband Authority that would be tasked with making measurable improvements to Fiber Optic accessibility, affordability, reliability and speed to further the long term economic prospects of the region.

I am proud to say that as of this spring, the Roanoke Valley Broadband Authority is now fully operational. I am equally proud to say that Salem and, particularly, the Salem Electric Department played an important role during the RVBA's formation.



Salem's Electric and Information Technology staffs are major resources for the Roanoke Valley Broadband Authority.

BROADBAND AUTHORITY

Salem was in a position to take a leadership role in this effort because the Salem Electric Department already had experience deploying fiber and managing a data center. The City began installing fiber optic cable in the city years ago in an effort to connect city buildings and schools with a reliable high speed network. Over time, this fiber has been able to assist Salem businesses with connectivity, as well.

Our experienced Electric and Technology Systems staff members became invaluable resources to the RVBA, as the network was designed and built. As a result, we were able to leverage the infrastructure we have in place to help move this project forward.

The new fiber network is an "open access" network that will improve the economic advantages that we already enjoy in our region. The term "open access" means that any private sector telecommunications provider can, for a set fee, use the network to provide services to customers. Having the network in place makes it easier to deliver competitive services throughout the Roanoke Valley.

I have been honored to represent Salem and serve as the Chairman of the RVBA. Along with our Executive Director, Frank Smith, and my fellow board members, I believe we have positioned ourselves for tremendous growth in the immediate future.

1535



Making a Difference

When **Lisa Garst** stepped down from her position on Salem City Council to take over as the Director for a Livable Roanoke Valley, her list of accomplishments for the citizens of Salem was both long and impressive.

During her seven years on council, Garst was instrumental in promoting various stages of greenway construction, establishing the Salem Rotary Dog Park, recognizing green initiatives in the city and forming the Salem Fresh Ideas Garden. She was always prepared for meetings and never afraid to ask the tough questions or take the unpopular stance.

"Lisa was elected to City Council about the same time I arrived in Salem, so it has been my pleasure to work alongside her the past seven years on a variety of projects," says **Kevin Boggess**, Salem City Manager. "Lisa is a forward thinker and a consensus builder and while we hate to lose her on Council, I think she will do great things for the region in her new role."

During her tenure in Salem, one of Garst's passions and greatest strengths was her ability to work across jurisdictional lines. For the past four years, she guided a variety of projects

to benefit, not only Salem residents, but citizens throughout the region while serving as the Chair of the Steering Committee for Livable Roanoke Valley.

"During my two terms on council, I have learned that for Salem and our region to be successful, we have to work together," she says. "That doesn't mean our communities lose what makes us each unique, instead we take the best and build on it. In the end, solid collaboration is the only way we can compete with Northern Virginia, Richmond and Tidewater."

At her final Council meeting on December 14, 2015, Garst was given a key to the city by her fellow Council members and praised for her tireless work and leadership. She promised to continue her mission of making the valley a better place to live in her new position.

"I am passionate about working with our neighbors to promote quality of life issues that

benefit us all," she says. "It's exciting to think about working with people in Virginia's Blue Ridge and the Alleghany Highlands to make these areas strong, vibrant and prosperous communities that our children will be proud to call home."

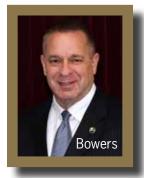




Bowers Leading the Way

Salem Commonwealth's Attorney, **Tom Bowers**, has never been one to seek the spotlight, but his work spearheading the efforts to battle substance abuse in the Roanoke Valley in recent years landed him right in the F.B.I.'s crosshairs.

Earlier this spring, Bowers received the Richmond F.B.I.'s 2015 Director's Community Leadership Award for being the driving force behind the ongoing heroin prevention efforts in the greater Roanoke Valley.



"This is a very humbling honor and I am very appreciative of it," says Bowers." However, while I am the appointed leader of this dedicated group, treatment

professionals and public servants have done the real work. They have made the difference in people's lives and ultimately saved lives, so I accept this for each one of them."

The Heroin Task Force was created through the Law Enforcement Summit,



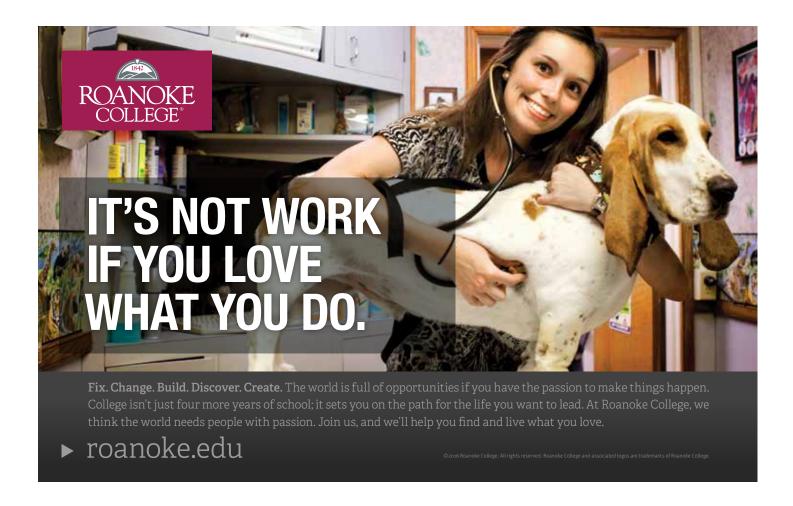
which is a monthly meeting that brings area police chiefs, sheriffs, state police officers, commonwealth's attorneys, probation officers, treatment professionals, forensic lab leaders, federal prosecutors and agents together for a common cause. These individuals combine their resources, intelligence and experiences at these meetings to solve criminal justice problems in a cooperative way that benefits the entire region.

"This type of across-the-board cooperation is the key to any success we've been able to achieve," says Bowers. "This is a team effort and when I accepted this honor I did so for each and every man or woman who has had a hand in this ongoing mission."

Before taking on the seemingly overwhelming job of stopping heroin use and prescription drug abuse in the region, Bowers and the task force members also mounted an aggressive and eventually successful campaign against synthetic drugs known as Bath Salts.

The combined efforts of the Roanoke Area Youth Substance Abuse Coalition, the Prevention Council of Roanoke County, the Virginia State Police, the City of Roanoke Police Department, the Salem Police Department, the Vinton Police Department and the Roanoke County Police Department markedly reduced, and all but eliminated, synthetic drug use and abuse in many localities. Bowers was formally honored on April 15 at F.B.I. headquarters in Richmond.









#AdamLike Scholarship

To some it was nothing more than a hashtag on a t-shirt, but to **Grant Smythers** and **Mike Gibson** it was personal. The chairmen of Salem High School's Spirit Club knew one of the best ways to honor the spirited legacy of **Adam Ward** was with a t-shirt students and adults could wear at athletic events.

SALEM

Adam Ward

"We wanted to do something that would represent him and his love for Salem High School and especially athletics," says

Smythers. "He was basically the spirit club at games before we even had a spirit club."

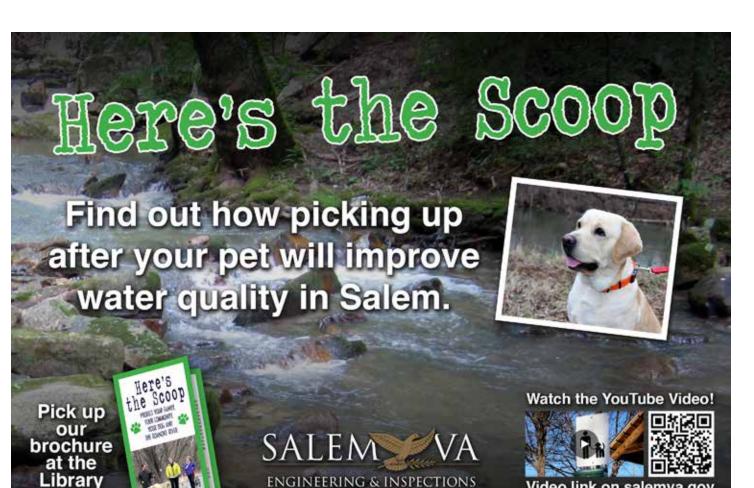
The maroon shirts feature the hashtags #AdamLike and #OurBuddy on the back along with Adam's high school football jersey number 56. The front

of the shirts say "Salem Strong" and the community has been just that when it comes to supporting the Ward Family and this cause.

Over \$5,000 worth of the shirts were sold during home football games in the fall and every penny was donated to Adam's scholarship fund through the Salem Educational Foundation. Less than six months after his passing, the scholarship fund had topped the \$100,000 mark thanks to generous acts like this one.

"We have received donations from across the country and even internationally, however, it has been the tremendous support in Salem and the Roanoke Valley that has helped this scholarship grow so quickly," says **Tommy McDonald**, Salem Educational Foundation and Alumni Association President. "From people giving a few dollars, buying a t-shirt at Salem Football games to individuals and corporations donating larger amounts, this is a beautiful tribute to the way Adam lived his life and a tribute to how many people love **Buddy and Mary Ward** and all of their children."





PAVING THIS SUMMER

Some of Salem's streets are getting a facelift in the coming months. For more information, contact Engineering & Inspections at (540) 375-3032.

Apperson Drive — Yorkshire to Orchard Burwell Street — College to Market Colorado Street — Brook Ave to Railroad bridge Deep Dell Road Electric Road — Lynchburg Trpk to E Main St Keagy Road — Apperson to Braeburn Kimball & Colorado Intersection **McDowell Drive** McVitty Road/E Riverside Dr — Keagy to Apperson **Pendleton Drive** W Carrollton Drive — Pendleton to end West Main Street - Poplar to Wildwood



Video link on salemva.gov

Celebrating the End of an Era

When **Tim Guthrie** retired as Salem's Police Chief on January 31, his departure marked the end of an era for the department.

"I cannot begin to express my appreciation to the residents of Salem who have supported me and my career in law enforcement," says Guthrie. "Some great leaders made an investment in me

many years ago, and I feel
very blessed that I have
been able to start and
finish my career in the
same place."
Guthrie spent 34
years with the Salem
Police Department,
while his predecessor

Chief **Jeff Dudley**, retired after a 37-year career. Their Chief, **Jimmy Bryant**, spent his entire 43 years in law enforcement with the Salem Police Department and the man before all of them, **Harry Haskins**, was Salem's chief for 20 years. The days of officers joining a force and staying in the same locality their entire careers is in large degree becoming a thing of the past.

"I was fortunate to serve under three of these great chiefs, and each helped set a high standard of service for the citizens of Salem," says **Mike Crawley**, Salem Police Chief. "They have provided the department with the necessary tools and insight to be successful as we continue to strive to provide excellent service to



Then Deputy Chief Mike Crawley (left) and Captain Todd Clayton (right) congratulated Chief Tim Guthrie at his retirement ceremony in February.

the community while moving forward and addressing new challenges."

During Guthrie's time with the department, he served as a Patrol and Traffic Officer, Narcotics and General Investigations Detective, Detective and Services Division Sergeant, Services Division Lieutenant, a Captain, Major and eventually Chief.

"When the City Manager and City Council members put their trust in me, one of my goals was to prepare the department for the future," says Guthrie. "We've increased our community presence, hired some great new officers and made some solid promotions during this time, and I feel like I have left the department in some very capable hands at the perfect time."

DID YOU KNOW?

The Last Five Salem Police Chiefs either attended or graduated from somewhere other than Andrew Lewis or Salem High School.

Harry Haskins – Clifton Forge H.S.

Jimmy Bryant – Northside

Jeff Dudley – Northside

Tim Guthrie – William Fleming

Mike Crawley – Patrick Henry

Five Salem Police Chiefs in one room - Tim Guthrie, Jeff Dudley, Harry Haskins, Jimmy Bryant and Mike Crawley.





Let There Be Rock



The Salem Civic Center stage has supported its share of Rock and Roll Hall of Famers in the past five decades, but in recent years, hard rock shows have been few and far between in the building that once welcomed the likes of Aerosmith, Black Sabbath, Def Leppard, Rush and KISS.

So, when promoters announced that Shinedown and Breaking Benjamin were bringing their United States tour to Salem with opening act Sevendust

last November there was understandably some skepticism on a number of fronts.

"We knew we had to prove ourselves and going into this we felt like a crowd of 4,000 would be really good," says **Paul Bowles**, Salem Civic Center Assistant Director. "We sold 5,412 tickets and just missed a sellout by 200 people, so the rock music fans in the area really stepped up for us."

The show was Salem's first hard rock concert since Godsmack

played in the arena in 2001. It attracted fans from as far away as West Virginia, Tennessee and North Carolina and it was such a success "Billboard" magazine named the concert one of its Top 20 rock shows of 2015.

"Our goal for this show was to prove that there was still a viable rock market in southwest Virginia and I think we accomplished our goal," says Bowles. "Hopefully, we won't have to wait another 15 years for the ground to shake."



Street Smarts Help Salem's PD



When either the Salem Police Department or Salem Sheriff's Office adds a new vehicle to its fleet, the cars and vans usually arrive in Salem looking just like the ones you buy off the showroom floor at your favorite dealership. The big difference is that once they are driven into the city garage they are torn to pieces.

"It usually takes about two weeks or 80 hours for a two-man crew to buildout a police car," says **Tony Terry**, Salem City Garage Fleet Management Superintendent. "We start by removing the rear seat, the passenger front seat and start installing the new center console."

While there is a chronological method to the demolition and reconstructive madness, the majority of the work at each and every step involves some portion of the vehicle's electrical

system. Over a half a mile of wiring has to be woven through almost every inch of the car's interior to connect a variety of emergency lights, sirens, radar



equipment, two-way radios, cameras and a computer.

"It used to be that we had to drill several holes in the roofs of these brand new cars to install

lights and antennas," says Terry. "Now, with the new radio system, we only drill one hole in the roof for the light bar and two holes in the trunk lid for antennas, but it's still a little nerve racking."

It takes two car batteries and a

solar panel on the roof to power all of this. Once the electrical system work is finished, the hard plastic prisoner transport seat and the protective shatter proof Plexiglas are installed in the back seat area. The trunk also is customized with easily accessible emergency light switches and a gun rack.

"This whole process is a team effort that also includes the city's Technology Systems department," says Terry. "While **Paul Andrews** and **John Ringel** are working on these cars in the shop, their fellow mechanics are taking care of everything else that needs attention, and we take a lot of pride in this."

Salem Police Chief **Mike Crawley** estimates that having the work done in-house saves his department and taxpayers several thousand dollars per car compared to the cost of outsourcing the work.





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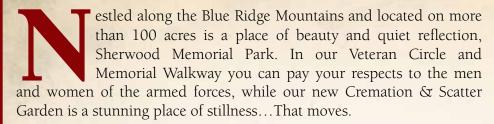


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By Mike Stevens

The Salem School Division's Teacher of the Year for 2016 is living proof that anything is possible. In just a matter of days, Derek Wray went from being up to his elbows in engine oil to teaching in a high school classroom in the Roanoke Valley.

"I was working as a shop foreman at an independent repair shop in Roanoke when Arnold R. Burton Technical School asked me if I would be willing to teach," he says. "Their primary teacher had been activated through the National Guard and several people had recommended me to fill the position."

His boss during that time in 2004

told him it was an opportunity he couldn't afford to turn down so, with just four days to get his lesson plans straight, Wray became a teacher. Now, a dozen years later, he's also a mentor, friend, job-

finder and an invaluable resource for hundreds of young adults entering the automotive industry.

"Being able to assist these students makes me feel better than turning wrenches and simply fixing someone's car," he says. "I like the feeling of giving back and helping kids and teaching fulfills the

need that I have to a higher calling."

Wray's ability to relate to his students and help them absorb material has made him more than just a master mechanic. His successful methods of imparting wisdom have earned him the respect of his teaching peers at Salem High School.

"I never expected anything like this and it is truly amazing that I would

receive this type of recognition," he says. "I just hope this honor brings recognition to the program, because the more credibility we receive in the community, the more the kids will benefit."

OUR SCHOOLS -

The humble Chairman of Salem High School's Trades and Industrial Career and Technical Education Department is responsible for more than 400 students each year who learn the all-important skills of auto body, auto service and welding. One of the nation's former dumping grounds for students who weren't headed to a four-year college, career and technical education has now become a desired location for many in high schools across the country.

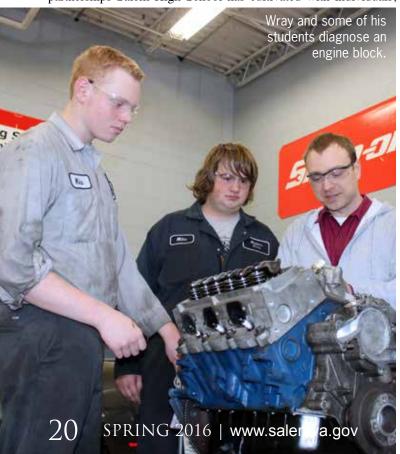
"For years there was a dividing line between students who participated in career and technical programs and students who were pursuing a more academic educational program, but in the last five years that has changed dramatically," he says. "I'm now seeing kids who want to be here for the right reasons, plus our administrators in Salem have really made this a priority."

"Derek's leadership has transformed this department and, as a result, students have multiple National Certification opportunities, and Salem's trades and industrial classrooms closely match the environments that students will face as they explore career opportunities in these industries," says Curtis Hicks, Salem's Assistant Superintendent for Instruction.

Wray graduated from the Universal Technical Institute in Houston, Texas in 1996 where he earned his Associate of Occupational Studies Degree in Automotive and Diesel Technology. He began teaching at Salem High School in 2006 as an Auto Body Instructor after spending two years at Burton. Between graduation and the start of his teaching career, Wray accumulated a decade's worth of hand-on experiences diagnosing and repairing vehicles at the Shelor, Pinkerton and Berglund dealerships in the area.

"We really try to focus on life skills and instill a work ethic in our students because I want them to understand that this is a job and the more they apply themselves the more knowledge they can take with them," he says.

Wray says he is extremely proud of the relationships and partnerships Salem High School has cultivated with individuals,





Wray's family was on hand for his award ceremony in March.

businesses and organizations in the region. Many of these connections have paid direct dividends with students getting advanced training and high paying jobs right out of high school.

"Getting jobs for students who want to do this for a living is incredibly satisfying and many people are now realizing that having a skill is an extremely valuable way to go," he says. "Whether it is cars or any kind of trade, it's paying good money."

Wray has earned a number of industry certifications, he wrote a book in 2010 and he contributes online automotive articles for eHow.com, and, not surprisingly, he makes up for his lack of traditional classroom training by rolling up his sleeves and working.

"I think I often have to work harder because I don't have the formal training," he says. "I am always evolving, changing and trying to find the most productive way of getting the information to the kids."

In 2015, the Salem High School Automotive Program was listed in the Top 20 in the nation by "Tomorrow's Technician" magazine. Salem was one of only three high schools to make the list alongside community colleges and post-secondary technical schools.

"Derek is a quiet and humble leader who sets an example for his students by his dedication, team work and character," says Scott Habeeb, Salem High School Principal. "He never seeks accolades, but his impact on students, his colleagues, and our community is worthy of them."

Wray and his wife, Paige, reside in Roanoke County with their four children. Receiving this honor and knowing that his first job in the automotive industry was washing cars in Oakland, California, is nothing short of amazing.

"I sincerely appreciate this and it is truly unbelievable," says Wray. "I try to put forth a relentless effort for these kids and I appreciate the administrators picking up on the countless hours we put in to make success happen for the students."

SALEM SALUTES ALL TEACHERS OF THE YEAR























Salem Educational Foundation President Tommy McDonald presented checks to all of Salem's Teachers of the Year.



All of Salem's Teachers of the Year with Tommy McDonald.



South Salem Teacher of the Year Courtney Stinnette is joined by Principal Margaret Humphrey and fellow teachers.



Doing it for the People

February storms brought out the best in Salem.

By Mike Stevens

Thile the just completed winter won't go down as one of the worst on record, it did manage to land a couple of punches that kept Salem's Public Works crews hopping. Most notably, was a mid-February storm that began as all snow late on Valentine's Day and ended some 36 hours later as ice. It downed trees, knocked out power to more than 2,000 residents and forced the closure of all city governmental offices and schools.

"We started getting outage calls around 2:30 a.m. that Tuesday morning and as the trucks started to roll out we could tell a significant portion of the damage was to individual customer services," says A.K. Briele, Salem Electric Department Director. "The men and women in the field and those in the building, including some from other departments in the city, really deserve our sincere appreciation as we were able to get power restored to all of the larger areas by nightfall and everyone back on the grid by noon the next day."

Much of the debris that was collected in the storm's aftermath was comprised of pine trees, but any of the hardwood that was gathered was delivered to the Project W.A.R.M. wood lot on



Line Technician Tarain Thomasson from the Electric Department readies to repair a power line after the ice storm that cut power to more than 2,000 households.

Indiana Street where it was recycled into cut and split firewood for families in need.

Overall, the February storm caused more headaches for workers and residents than the biggest snowfall of the winter that brought things to a standstill on January 22. Just under 14 inches of snow fell in Salem that Friday and Saturday before tapering off ahead of schedule. It was a significant amount of snow, but much less than the two foot predictions that were commonplace.

"Our method of tackling every street at the same time really paid dividends with this particular storm," says Mike Tyler, Salem Street Department Director. "With a snow of that magnitude, you can't afford to wait until it stops to begin plowing the neighborhoods."

Snow and ice were only part of the problem for the Salem Water Department. The up-and-down temperature swings, especially in January this year, kept crews extremely busy. In the first month of the year they repaired 30 water main breaks.

"When the temperature fluctuates around the freezing point the ground goes through freezing and thawing cycles," says Larado Robinson, Salem Water Department Director. "This increases the external stress on the water mains in the system and causes them to break."

Though the average break rate this year was one per day, many of these breaks occurred in the same 24 hour period and never when it was convenient.

"The worse water leak this winter occurred on Christmas Day on one of our larger water mains," says Robinson. "Field operations personnel worked around the clock to find and repair the leak while the Water Treatment Plant personnel operated the plant at full capacity to assure that no one would experience a water outage on Christmas Day."

"So many of the city's departments did a great job of working together this winter to make sure the citizens were well taken care of," says Tyler.

In return, many citizens and businesses took extremely good care of Salem's utility workers. Chick-fil-A, Mac and Bob's, Doughnut World and a number of citizens delivered food to the workers to show their appreciation.



Street Department Director Mike Tyler and Mac & Bob's owner Bob Rotanz hold one of the six 6-foot subs Rotanz and his employees provided for plow drivers.



The weight of the snow and ice in February uprooted and toppled this massive tree directly onto the top of this gray car on Yorkshire Street near Northview Apartments.



Water Department Utility Lines Equipment Operator Mike Sweeney works in freezing temperatures to repair a broken water main line behind City Hall on College Alley.



Water Department's Larado Robinson and Frank Young thank Salem Chick-fil-A Marketing Director Roberta Fike for bringing meals to their offices after the storms.

EYES WIDE OPEN

Chris Shelor's attention to detail earned his selection as Salem's Officer of the Year.

BY MIKE STEVENS

alem's Police Officer of the Year for 2015 is an individual whose keen powers of observation and tremendous attention to detail helped keep our citizens safe and secure, even when he wasn't on the clock.

"This is a tremendous honor for me that is also very humbling," says Chris Shelor,

Salem's Police Officer of the Year. "I am blessed to work in the city where I was born and raised, and it is an honor to protect the citizens who helped me along the way."

In December of 2015, Senior Police Officer Shelor was on-duty mentoring a trainee officer when they were summoned to the Walmart on West Main Street in reference to a robbery and assault. Shelor investigated the crime and through witness



interviews he was able to produce information related to the appearances of the suspects and their vehicles.

Later that morning, just a few hours after finishing his shift and again the next day while he was off duty, Shelor spotted two vehicles that matched the witness statements he had collected at the crime scene. In both instances, he contacted officers in the proper jurisdiction, and Salem and Roanoke City Police were able to make arrests, place charges and recover stolen property.

"Chris is very deserving of this prestigious honor, says Mike Crawley, Salem Police Chief. "His character and professionalism exemplify the expectations we have for all of our officers when it comes to putting service before self, and in this case, he did so when he was off-duty."

Each year the men and women of the Salem Police Department select the "best of the best" from within their own ranks. The current chief and deputy chief are past winners of this award and both understand what an honor it is to be





Chris Shelor (left) also serves in the Salem Police Department with his brother Josh, who is a sergeant.

"Having served as Officer Shelor's direct supervisor in the past, I know firsthand that he is a diligent and hardworking officer who strives to not only represent the Salem Police Department, but the city, in a positive and professional manner," says Derek Weeks, Salem Deputy Chief of Police.

Shelor is a Salem native and a 2000 graduate of Salem High School. He began his law enforcement career working for the Salem Sheriff's Office from 2004-12 as a Deputy Sheriff. He joined the Salem Police Department in February of 2012 as a Patrol Officer and was promoted to the rank of Senior Police Officer on July 1, 2015. He is currently assigned to the Forensics Division in the department.

"We are extremely proud to have Chris as part of our organization," Crawley says. "We're elated to be able to recognize him with such a distinguished honor."

Shelor was presented his badge from former Chief Jeff Dudley in Feburary 2012 when he joined as an officer.



Package Deal

New Salem Police Chief Mike Crawley and Deputy Chief Derek Weeks have only been on the job since February 1, and while a lot has happened in a short time, the excitement they have for their new positions continues to grow.

"We are excited about the future of the department," says Crawley. "We have surrounded ourselves with a lot of young talented people who see this profession as an opportunity to give back and serve the citizens."

Crawley, 42, began working with the Salem Police Department in December 1999 as a Patrol Officer and was voted Officer of The Year by his peers just three years into his career. After completing field service as a Patrol Officer, he was promoted to the rank of Senior Police Officer and transferred to the Detective Division in 2004 where he was assigned to the Special Investigation Unit.

In 2006, Crawley was transferred to General Investigaton where he rose to the rank of Sergeant in that Division. He also served as Services Division Sergeant and Patrol Division Sergeant before being appointed to the rank of Deputy Chief by Chief Guthrie in 2014.

"Throughout my life I have been exposed to many great leaders who have helped me get to this stage in my career," says Crawley. "The men and women of the department are fortunate to work in a city where there is an abundance of support for law enforcement from the citizens, and I am truly thankful for this opportunity."

Crawley's first order of business was appointing Lt. Derek Weeks as Salem's new Deputy Chief. Weeks, 41, began his law enforcement career serving four years with the Roanoke City Sheriff's Office before joining the Salem Police Department in 2001 as a Patrol Officer.

He transferred to Salem's Detective Division in 2006 and was elected Officer of The Year by his peers in 2007. In 2009, he was promoted to the rank of Sergeant and served in that capacity in the Patrol, Services, and Forensics Divisions. During that period, Weeks graduated from the 81st Session of the Virginia Forensic Science Academy. In 2015, he was promoted to the rank of Lieutenant and since then has served in the Patrol and Detective Divisions.

"I am humbled and grateful to serve this department and this city in this capacity," he says. "As we move forward, we will continue to build on the foundation set by previous administrators and remain focused on providing excellent police services to the citizens of Salem."



Salem Clerk of Court Chance Crawford swears in Weeks and Crawley during their ceremony on February 1.

GREEN

IT'S NOT JUST A COLOR – IT'S A CHOICE.







WHAT IS MIXED PAPER?

Cereal Boxes, Magazines, Junk Mail, Office Paper, Catalogs, Books and Cardboard

WHAT ISN'T MIXED PAPER?

Waxed Paper, Pet Food Bags, Food Contaminated Paper Products including Pizza Boxes and Fast Food wrappers, Carbon Paper, Stickers

Community Recycling Containers are located on both the east and west ends of the city. They accept newspaper, plastics, metal and aluminum cans, cardboard and mixed paper.



Indiana Street near the Animal Shelter



Walmart Parking Lot on West Main St.



Behind City Hall on N. Broad Street

DID YOU KNOW? CAR BATTERIES



According to the International Battery Council, lead car batteries are recycled more than any other consumer product. It's estimated that nearly 99% of all batteries are recycled compared to 55% of all aluminum cans and 45% of newspapers.

When you recycle your old car or lawn and garden batteries they are broken apart and the plastic is separated from the lead and sulfuric acid. Each element then goes into a separate stream for treatment or reuse.

In Salem, you can take you old batteries to Advance Auto Parts, AutoZone or O'Reilly Auto Parts and exchange them for in-store merchandise credits that can be used for future purchases.



(((Siriusxm)) PRESENTS



TICKETS ON SALE AT THE SALEM CIVIC CENTER BOX OFFICE, TICKETMASTER.COM OR CHARGE BY PHONE 1-800-745-3000





MAY

6	Roanoke Symphony POPS Concert	Salem Civic Center
7	Roanoke College Graduation	Roanoke College
13	Virginia Western Graduation	Salem Civic Center
14	Relay for Life	Longwood Park
20	Salem after 5 – Fuzzy Logic	Salem Farmers Market
21	Chris Young and LOCASH in concert	Salem Civic Center
26-30	NCAA Division III Softball Championship	Moyer Complex
27-29	RV Bead, Gem, Mineral & Jewelry Show	Salem Civic Center

JUNE

4	March of Dimes	Salem Civic Center
4	Rail City Roller Derby	Salem Civic Center
8	Roanoke County Schools Graduation	Salem Civic Center
10	Salem City Schools Graduation	Salem Civic Center
10-11	VHSL Baseball	Kiwanis Field
10-11	VHSL Softball	Moyer Complex
11	Movies at Longwood "Hotel Transylvania"	Longwood Park
17-18	Blue Ridge Bike Fest	Salem Civic Center
17-19	ASA Class A VA State Championship	Moyer Complex
21	Riverdance 20th Anniversary Tour	Salem Civic Center
24	Salem After 5 – Super Hold	Salem Farmers Marke
24-26	ISF Senior Softball World Cup	Moyer Complex
29-Jul. 10	29th Annual Salem Fair & Exposition	Salem Civic Center

JULY

1-3	Salem Fair Softball Championship	Moyer Complex
7	Movies at Longwood "Minions"	Longwood Park
16	Jazz in July	Longwood Park
16-17	Salem Gun & Knife Traders Show	Salem Civic Center
22	Salem After 5 – Domino	Salem Farmers Market

AUGUST

	7.0001	
1	DCI Summer Music Games	Salem Stadium
1-7	ASA/USA 12u National Championship	Moyer Complex
3-7	Mountain Valley Cluster Dog Shows	Salem Civic Center
4	Movies at Longwood "Inside Out"	Longwood Park
12	Salem After 5 – Jim Quick & Coastline	Salem Farmers Market
13	Salem Distance Run	Salem Farmers Market
14	Geek Mob-Int'l Read Comics Event	Salem Civic Center
18-21	Special Olympics NIT Softball Tournament	Moyer Complex
19-21	USSSA Baseball Tournament	Kiwanis Field
20	Vintage Comic Book Show	Salem Civic Center
27	Roanoke Valley Mopar Car Show	SCC Parking lot
27-28	USSSA Church of God Softball Tournament	Moyer Complex

Make Salem Yo

- Downtown -



DINING



SALEM AFTER FIVE



SHOPPING

- Sports -



SALEM RED SOX



NATIONAL SOFTBALL



NCAA CHAMPIONSHIPS

rur Destination

- Entertainment -



CONCERTS



SALEM FAIR



OLDE SALEM DAYS

- Recreation -



GREENWAY



PARKS



SALEM HALF MARATHON

SEPTEMBER

2-5	ASA Class D & E East SB Championship	Moyer Complex
9	Roanoke Symphony POPS Concert	Salem Civic Center
9-11	USSSA Baseball Tournament	Kiwanis Field
10-11	Got Game Strike Out Hunger Softball	Moyer Complex
10	Olde Salem Days	Downtown Salem
17	Movies at Longwood "Remember the Titans"	Longwood Park
17-18	Salem Gun & Knife Traders Show	Salem Civic Center
17-18	ASA/USA Heartland College Softball	Moyer Complex
20	College Fair	Salem Civic Center
23-25	USSSA Baseball Tournament	Kiwanis Field
24-25	FALL Home Show	Salem Civic Center
24-25	ASA "Save the Next Girl" Youth Softball	Moyer Complex

OCTOBER

8-9	ASA/JO Scrappers Softball	Moyer Complex
9	Wine and Unwind Festival	Salem Civic Center
15	LewisGale Salem Half Marathon	Salem Farmers Market
20	I Love the 90's Concert	Salem Civic Center
29	Pumpkinfest	Salem Farmers Market
29-30	Salem Gun & Knife Traders Show	Salem Civic Center

NOVEMBER

5	Brew Ha Ha!	Salem Civic Center
10	Music at the Market	Salem Farmers Market
11-12	Sesame Street Live	Salem Civic Center
26-28	RV Gem and Mineral Show & Sale	Salem Civic Center

DECEMBER

2	Roanoke Symphony Holiday POPS	Salem Civic Center
2	Salem Christmas Tree Lighting	Downtown Salem
2	Salem Christmas Parade	Downtown Salem
3	Ye Olde Salem Christmas	Downtown Salem
16	NCAA Amos Alonzo Stagg Bowl	Salem Stadium
17-18	Salem Gun & Knife Traders Show	Salem Civic Center









CONTACT OR VISIT THE SALEM VISITORS CENTER AT THE SALEM CIVIC CENTER: (540) 375-4044

VISIT.SALEMVA.GOV



THE **PROJECT**

This current school year marks the 75th anniversary of the opening of the Carver School in Salem. Now known as G.W. Carver Elementary, the school was originally located on six acres of land on what was then named Water Street and not South Broad. The school was home to African-American children from all corners of Roanoke County in grades first through twelfth until it closed in 1966 with the onset of integration.

This year, the Salem School Division and the City of Salem have marked this G.W. CARVER significant anniversary by producing a full length documentary that includes interviews with 25 different figures from the past who were either students, teachers, coaches or parents at the school.

The documentary, which is 66 minutes long in tribute to the final graduating class in 1966, debuted to a packed house in the Carver gym on February 29. Carver alumni traveled from several states and from just down the street to relive some of the memories they have of the school that positively

shaped so many black children in that time period.

In addition, the students at G.W. Carver turned back CARVER SCHOOL the clock three days before the documentary aired and learned what school was like back in that

era thanks to a couple of firsthand accounts. Carver class of 1964 graduate Wayne Harris

and 1966 graduate Marylen Harmon, both of whom have their Doctorate degrees, enlightened the students on everything from segregation to discipline in the classroom.

The students also learned about music from the period and performed dances from the 1950s and 1960s. They also created a virtual time capsule and got to see something that isn't used in schools any longer - a paddle. "I told the children that so many of the things we

cherished at the old school were just thrown away and literally put on the curb," says Harmon. "Being able to preserve this part of Salem's history means the world to me. I'm so proud that we've been able to take these keepsakes from the trash and turn them into treasures for future generations."



Carver alums Marylen Harmon and Reginald Bellinger, who traveled from Maryland, visit before the showing.



The G.W. Carver Gym was packed for the documentary debut on the night of February 29.



Four of Carver's top student-athletes were in attendance. Wayne Harris – Class of 1964, Douglas Dowe – Class of 1947, Skeet Dowe – Class of 1949 & Billy Sample, who started at Carver and finished at Andrew Lewis High School after Salem schools were integrated in 1967.



The documentary served as a reunion evening for Carver graduates from different clases. Carver alum George Vineyard – Class of 1966 – shows off his Carver Eagles letterman's jacket prior to the show. Vineyard played football and basketball for the Eagles.



Dr. Marylen Harmon, Class of '66, told kids it was tough when your dad was principal and mom was a teacher.



Dr. Wayne Harris, Carver Class of 1964, talks to students about his favorite teachers and strict discipline in classes.



Former G.W. Carver Elementary principal Trula Byington shows students the dicipline paddle that was once used.



During Carver Day on February 26, students learned about music and dances from the 1950s and 1960s.



Watch the full documentary on the City of Salem's YouTube channel. You can access it on salemva.gov or by scanning the QR code with your mobile device.





Carver School Graduate Larry LeGrande turned his dream of playing pro baseball into a reality.

n the 26 years that the Carver School produced high achieving graduates, you would be hard pressed to find a success story more unlikely than

the one belonging to Larry LeGrande. The class of 1957 graduate became a professional baseball player despite the fact that Carver never had a high school baseball team during his time on Water Street.

"Sometimes I can't imagine how the good Lord made a way for a little country boy like me," says LeGrande. "To do what I did without even having a high school team to play for Lord have mercy."

Growing up in the Pinkard Court area Roanoke County on Route 220 LeGrande South, developed what would eventually be recognized as one of the strongest and accurate throwing arms in the Negro Leagues by digging fence posts and tending to the pigs and chickens on the family farm.

He and the other Carver students, who lived in that area, would get up early, do their chores and catch a bus that would carry them on the 24-mile roundtrip to school and back each day. Like many of the male students in that era, he developed a strong relationship with chemistry teacher Irvin Cannaday. Coach Cannaday, as most referred to him, had lead the Eagles to championships in basketball and was a role model for young men of all ages at the school. He also happened to be a big New York Yankees baseball fan.

"When Jackie Robinson broke in with the Dodgers in 1947, I remember listening to the games on the radio on our front porch," he says. "I wanted to play little league baseball, but that was for the white kids back then, so I played in the bushes and the weeds."

As luck would have it, an adult baseball team comprised of African-Americans was established

right in the middle of those weeds in southwest Roanoke County. It was known as the Pinkard Court Wolves and by the time LeGrande was 10, he was attending games and chasing down foul balls for the team. At the age of 14, his skills were so good, the grown men on the team convinced LeGrande's father to let him join the squad and travel with them to games in Hollins, Rocky Mount, Martinsville and even West Virginia and Georgia.

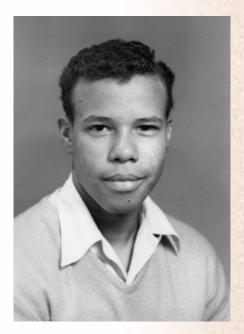
LeGrande played for this team and the Webster's All-Stars until his senior year at Carver when a chance encounter put his professional career in motion.

"I couldn't get a baseball scholarship because my school didn't offer one and my daddy told me the only way that I was going to college was if I paid for it so, I didn't know what I was going to do," he says.

In the spring of 1957, the Birmingham Black Barons and Memphis Red Sox played an exhibition game at Municipal Field in Salem. While the Red Sox were eating before the game at the old Mae's Inn, the restaurant's manager told some of the team members that they should check out this local kid named Larry LeGrande.

"They called and told me to come to the game, so I went down to the fence and asked for a man named Homer Curry," he says. "He

took a pad and wrote my name and address down and that night he invited me to a tryout during spring training in Memphis."



"When Jackie
Robinson broke in
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the bushes and the
weeds."

Larry LeGrande

OUR COMMUNITY



Carver Principal
Chauncey Harmon

The only problem with this once in a lifetime opportunity was that LeGrande was right in the middle of his final semester of high school at Carver. The principal, Chauncey Harmon, was not only aware of LeGrande's potential, but he also understood a young black man in 1957 may never get another chance like this one. So, he excused LeGrande from school for three weeks with the understanding that he would keep up with his class work and learn his part for the senior play.

"We killed two chickens on our farm, my mom cooked them and I carried them with me in a brown bag on that 600 mile train trip to Memphis,' he says. "It took two days to get there."



Memphis Pitcher Charley Pride

In Memphis, the team's facility, Martin Stadium, had the living quarters built underneath the stands down the left field line. He was one of the youngest and smallest players in camp as 60-plus players tried to earn one of just 21 uniforms. LeGrande would make the team along with a multi-talented pitcher from Mississippi and a future country music star named Charley Pride.

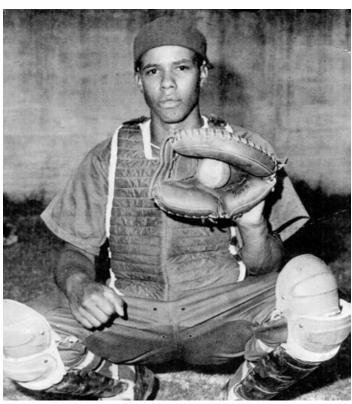
"I was his backup catcher and he had an amazing knuckleball," says LeGrande. "Charley was a great person

and he beat all-world odds to accomplish what he did in country music as a black man."

Catching for Charley Pride would have been cool enough for most, but in 1959 the 19-year-old LeGrande found himself in Detroit catching for the one and only Hall of Fame Pitcher Satchell Paige.



LeGrande caught for Hall of Fame pitcher Satchel Paige (above) and was his catcher when he retired.



LeGrande was an All-Star catcher in the Negro Leagues and earned interest from Major League franchises.

"He was a really funny man with a great sense of humor and even at that late stage of his career he could still strike out 10 batters a night," he says.

The Detroit Stars played all over America in front of huge crowds. Most came to see Paige, but that team also included two future Harlem Globetrotters, a left fielder named Sweetwater Clifton and a first baseman by the name of "Goose" Tatum. They had lots of star power, but never a great deal of cash.

"In the Negro Leagues, we had loaves of bread, bologna and cheese, we handled our own luggage and sleeping on the bus was our motel," he says. "I remember we did stay in a hotel one night in Missouri and it was so bad the bed had four cinderblocks holding up the mattress and three of us had to sleep in it."

LeGrande played in two Negro League All-Star games in 1958 and 1959 representing the Detroit Stars and Kansas City Monarchs, respectively. His play in those contests attracted Major League interest and offers from the Milwaukee Braves, Minnesota Twins, Cleveland Indians and New York Yankees. During a game that same season at Griffith Stadium in Washington, D.C., his team owner, Ted Rasberry, told his young catcher to follow him upstairs to the executive offices.

"I remember that office had carpet on the walls and I had never seen anything like that," he says. "When they told me the Yankees wanted to sign me, my hair stood straight up."

When he signed with the New York Yankees in 1959, he was flown from Roanoke to Tampa for their winter league workouts where he was in camp with the likes of Billy Martin, Joe Pepitone and Clete Boyer.

"Here I am the only black man in this camp wearing pinstripes and I knew I had to shine," he says. "I was thinking about Coach Cannaday and how proud he would be of me, and all I wanted to do was impress them."



LeGrande was more than impressive. The following spring he was hitting 304 and leading the Florida State League in triples and his team in run production as a member of the St. Petersburg Saints.

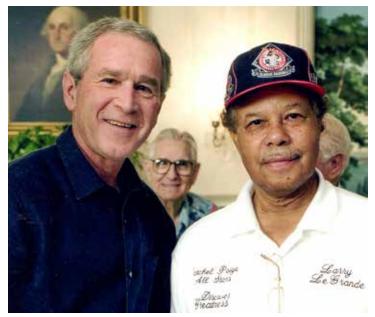
Despite the stats, the Yankees released him rather than pay Kansas City the final installment of the \$5,000 they paid for his contract. In his short time with the Saints, LeGrande had become a fan favorite, but looking back, he was apparently too popular for a black man in 1959. To this day, LeGrande believes his dismissal had more to do with the color of his skin than the color of money.

"They never would tell me why they released me," he says. "I was batting third in the lineup and hitting the ball to all fields, so it made absolutely no sense."

After a brief return to Roanoke, he returned to the Monarchs and was reunited with Paige. The two then traveled the country and much of North America for a handful

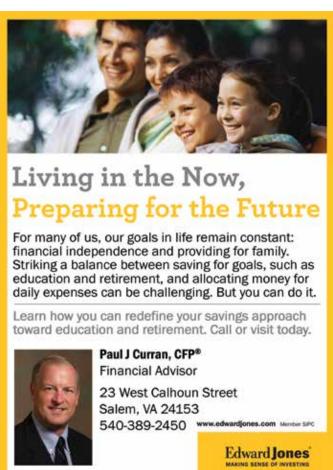
of years barnstorming with the Satchel Paige All-Stars. LeGrande was behind the plate catching when Paige pitched his final game.

"I have had some incredible experiences thanks to baseball." says the now 76-year-old LeGrande. "I thanked Mr. Harmon time and time again for letting me out of school to go on that tryout in Memphis."



LeGrande was invited to the White House in 2007 to commemorate Jackie Robinson breaking the color barrier.





DOWNTOWN'S MAIN OBJECTIVE





The City of Salem is spearheading efforts to improve Salem's Downtown District. The Downtown Plan is a multifaceted community driven effort that involves input from citizens and every department in the city to define the future of Downtown Salem and what role it will play in projecting Salem's identity within the region. Recently, we asked City Planner Benjamin Tripp about just where we are on this road map for creating the kind of downtown that our community deserves.

What is the Downtown Plan trying to accomplish?

We must take control of the story of our downtown and the story of our community. We must increase demand for the space and make it more desirable both as a business location, and as a regional destination. People always tell me how they really like Downtown Salem and that they really care about it. But, they also realize that it needs improvement to stay relevant, and to lead us forward as a city. The Downtown Plan is a road map about how to do that.

You have tried to include the public in this process from the start. What kind of citizen input has there been?

As with any good plan, this one was designed to be a democratic and inclusive process from the ground up. We created a website to promote public interest in the planning effort, downtown.salemva.gov, where information about upcoming meetings and planning documents could be posted for public view. We also created the Downtown Retail Survey, which was mailed to every utility address in Salem, receiving 1,152 responses. Notice of meetings was mailed to every business and household in the study area. Flyers were posted throughout downtown. A list of stakeholder groups was created, and meetings held with representatives to make certain that their voices were heard. In total, over 3,400 comments were received about Downtown Salem, the most of any plan the city has ever done.

That would seem to indicate a high level of interest as well as participation. What did the citizens tell you?

The public has been very clear about what kind of downtown they believe Salem deserves. It should be historic and respectful of the past, but also modern and relevant. It should be filled greenery and landscaping to make it lusher than it is currently. People also want it to be filled with attractive lighting and activities. They want a livelier downtown than currently exists, especially with more nightlife.

They also believe it should be better integrated with Roanoke College. Most importantly, it must find its voice in the region. It has to fit a distinctive spot within the valley's consciousness. It has to answer the question "What is Downtown Salem all about?"

You mention lighting and greenery. What can you say about the streetscaping at this stage?

We really listened to citizen comments, and we'll be completely replacing the streetscape that is currently downtown for a more historic, upscale look. Sidewalks will be replaced with brick pavers. Additional landscaping will be added, along with new areas for outdoor dining. All the traffic and streetlights will be replaced with historic-style fixtures. We will also be hanging strand lighting overhead across the street to create a more attractive look, and to make the district more desirable to shoppers and as a business location.

The city has been working out of the recession since 2008. Will we be able to acquire grant money to cover the costs for some of this?

We've been very successful at acquiring grants to pay for all this, and we'll continue to pursue them as we move forward. The Commonwealth of Virginia has many small cities like Salem, and they encourage this type of mixed use, walkable development. It's good for small business, good for the tax base and good for the citizens that live in these communities, so we've enjoyed support from Court Rosen and William Fralin, our local members on the Commonwealth Transportation Board, as well as the staff at the Virginia Department of Transportation. So far, funding has been tentatively allocated to begin the streetscape work on College Avenue and on Main Street starting at Broad Street and working east. These two projects will anchor the work on each end of downtown. These streets contribute the most to the character of Downtown Salem.







BEEFY UPGRADE FOR O'BRIEN MEATS

BY CLARK RUHLAND

A staple of downtown Salem has experienced a major facelift. O'Brien Meats has expanded from its tight quarters into a café style market.

The expansion project was always a possibility to owner Todd O'Brien, who runs the family business with is brother Tim. It wasn't until Salem's Downtown Plan began to take shape that his family turned the possibility into reality.

O'Brien

"The city has helped us so much," O'Brien said. "I met with folks from the Planning Department last year and they helped us with about \$5,000 in grant money."

The total cost of the project was around \$30,000. O'Brien convinced himself this was the right time to expand.

"I said I'm going to do this because I've got to do it," he said. "As a meat shop, we didn't offer enough to the community. We needed more. We wanted to have a market, a café and the meat shop where

customers downtown can walk in for service. Downtown Salem is such a nice place to be, to walk, to live."

Construction started late last year and included knocking down a few walls, adding café counter space, a new entrance, outdoor seating and a host of new appliances. Every project involved local Salem contractors. These changes are quite an improvement from the original tight quarters.

"Our original place was never set up for a café," said O'Brien. "The renovation needed to create an atmosphere that everybody was comfortable with, not just a bunch of guys crammed into a small area.

"This is now a place that's still a meat market, but it's also a place to bring the family, a one-stop place to get dairy, produce and meats. It's also a welcoming place to hang out. Good things happen in places like that."

The business, which was started by Todd's parents, Conrad and Gladys O'Brien in 1971, still offers the famous made-to-order sandwiches and salads, but has expanded the market to include fresh co-op produce, dairy products from Curtin's Dairy and unique Counter Culture Coffee. Expanded morning & afternoon hours add to the improvements as they hope to attract more downtown customers and students from Roanoke College.

"My son Jeremy, who has worked at Mill Mountain Coffee here in Salem and Roanoke, envisioned a café and pub kind of place," O'Brien said. "That's what we plan to do down the road."

Salem's Planning & Development Department is working with other downtown businesses to explore expansions like O'Brien Meats.

"Once I saw what the Downtown Plan was about, I thought this would fit into what our company needed to do. That was the nail for us," O'Brien said. "The city wanted to do this and we did, too. It was the perfect time."



The tight quarters of O'Brien Meats in 2012 (left) are a thing of the past as the new expansion has more than tripled the size of the once crammed market. Fresh produce and coffee can now be found along with their usual items.



Like any downtown, people will always say they want more parking. "What about more parking?"

One of our most common questions was about the amount of parking in Downtown Salem. It might surprise you to learn that there are 2,019 parking spaces in downtown, and that only about 50% of the parking downtown is actually used at any given time. That's not to say that there aren't areas that are busier than that, but the takeaway is that there is an adequate amount of parking downtown for our current needs, even on the day of Roanoke College graduation. The issue is directing people to it, and making it available in a more efficient manner. In the near future we'll be adding directional signs to Main Street to point shoppers to longer term parking than what's available on the street. We'll also be working with some of our downtown partners, such as Roanoke College, Roanoke County and the many churches downtown to make some of their parking available to the public when they aren't using it. The city is looking at changing hours of the on-street parking. We will also work towards adding new parking in the medium term.

These are excellent, common sense driven approaches that I'm sure the businesses have appreciated.

The business response has been extremely positive. If anything, people are wanting us to move faster. One of our main reasons for doing the Downtown Plan was to benefit the businesses that call Downtown Salem home. Remember all those surveys we talked about? Maybe you got one with your utility bill? All that data was put together and will be provided to the businesses through their stakeholder group. For example, we learned that one of the main things people are looking for downtown is live entertainment. Respondents cited that as one of the main reasons they don't shop or dine in Downtown Salem. That's a business opportunity for a smart entrepreneur. So we take something we learned from the process and hand that knowledge over to the business community and let them do what they do best. Maybe a restaurant picks that up and runs with it, much like the recent addition at Macado's. Another thing we heard was the people wanted a co-op type, local foods store, and O'Brien Meats has really latched onto that.

The changes they have made to their business, inside and out are very noticeable, what are some other changes citizens will begin noticing from the city side of things?

In the coming year you will see plenty of things happen, but there will also be a ton of work going on behind the scenes. Perhaps the most visible will be new products from businesses and expansion of dining areas along with the directional parking signs. We also plan to add signs for Downtown Salem to the interstate, create special parking for tourists and we will host new special events downtown such as the Salem Half Marathon. Also our first permits will be issued for outdoor dining on the sidewalks, along with work to facades in downtown through an incentive grant. Both of these will be very noticeable.

If I'm just hearing about all of this and would like to learn more or participate, how can I get involved?

The best way to keep abreast of the work on Downtown Salem is at our website downtown.salemva.gov. You can view the adopted plan there and we post new information at that location. If you're a business owner, we'd love to talk with you about the plan and what we've learned. If you're a shopper, come out and see some of the new offerings downtown – And shop local!



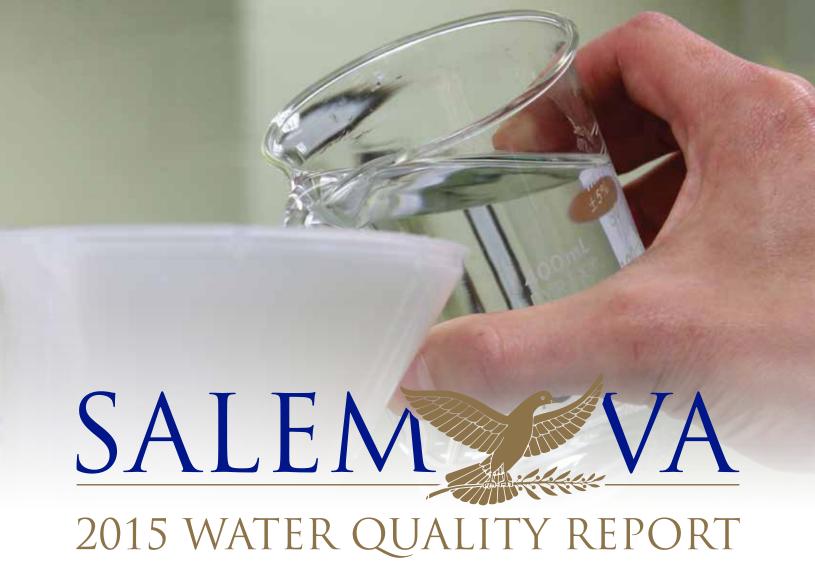
Salem's Planning & Development and Zoning Departments met with citizens over the winter to discuss ideas for the upcoming downtown plan.



Sidewalks in downtown Salem will get an overhaul including brick pavers and restaurants will be able to begin offering outdoor dining.



Macado's recently completed a covered outdoor renovation including ceiling fans, new tables, flat screen televisions and a fireplace lounge area.



e're pleased to present to you this year's Annual Water Quality Report. This report is designed to inform you about the quality of water and services we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source is the Roanoke River, and three (3) ground water wells. In emergency situations, we purchase or exchange water with the Western Virginia Water Authority (WVWA).

The Virginia Department of Health has completed a source water assessment for our waterworks system. This assessment provides information on possible sources of contamination to our source water. As determined by the source

water assessment, the possibility of contamination to our water source (Roanoke River) is high. This is due to the fact that surface water is exposed to an inconsistent array of contaminants at varying concentrations due to changing hydrologic, hydraulic and atmospheric conditions with land use activities of concern in the assessment area. To view a copy of this water assessment, please contact the City of Salem Water Department office at 540-375-3029.

Please remember that we need your help in the protection of this valuable water resource.



WHAT'S NEW?

Our utility is committed to protecting public health and meets or surpasses all state and federal health standards for tap water. We constantly monitor for various constituents in the water supply to meet all regulatory requirements. Monitoring various sites in the distribution system helps us to better protect public health. To help advance the science of drinking water, we collected data for the USEPA on the occurrence of 22 compounds in the water supply (please see table for Unregulated Contaminant **Monitoring**). This is the first step in the USEPA's efforts to determine whether they should be regulated. The presence of a compound does not necessarily equate to a health risk; the concentration of a compound is a far more important factor in determining whether there are health implications. We will closely monitor the concentration of these compounds, should the USEPA ultimately determine that regulation is warranted, we will take whatever steps are necessary to protect the health of our citizens.

WHO CAN I CONTACT?

If you have any questions concerning this report or your water utility, please contact Frank Young – Chief Water Treatment Plant Operator, or Marcus Potts – Chemist at 540-375-3029. We want our valued customers to be informed about their water utility. If you want to learn more, please attend any of the regularly scheduled City Council meetings. They are held on the second and fourth Monday of each month in council chambers.

The City of Salem Water Department routinely monitors for constituents in your drinking water mandated by Federal and State laws. The following table shows the results of our monitoring for the period of January 1st to December 31st, 2015. All drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some constituents. It's important to remember that the presence of these constituents does not necessarily pose a health risk.

In the following table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

Non-Detects (ND) - laboratory analysis indicates that the constituent is not present.

Parts per million (ppm) or Milligrams per liter (mg/l) - one part per million corresponds to one minute in two years or a single penny in \$10,000. Parts per billion (ppb) or Micrograms per liter - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000. Parts per trillion (ppt) or Nanograms per liter (nanograms/l) - one part per trillion corresponds to one minute in 2,000,000 years, or a single penny in \$10,000,000,000.

Parts per quadrillion (ppq) or Picograms per liter (picograms/l) - one part per quadrillion corresponds to one minute in 2,000,000,000 years or one penny in \$10,000,000,000,000.

Picocuries per liter (pCi/L) - picocuries per liter is a measure of the radioactivity in water.

Millirems per year (mrem/yr) - measure of

radiation absorbed by the body.

Million Fibers per Liter (MFL) - million fibers per liter is a measure of the presence of asbestos fibers that are longer than 10 micrometers.

Nephelometric Turbidity Unit (NTU) - nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

Action Level - The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow. Treatment Technique (TT) - A treatment technique is a required process intended to reduce the level of a contaminant in drinking water.

Maximum Contaminant Level - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology. Maximum Contaminant Level Goal - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Presence / Absence (P/A) – The concentration of the contaminant is zero to be in compliance with the Total Coliform Rule.

WHAT DOES THIS MEAN?

As you can see by the table, our system had no violations. We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some constituents have been detected. The USEPA has determined that your water IS SAFE at these levels. In order to ensure that tap water is safe to drink, USEPA prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. (MCL's are set by the U.S. Environmental Protection Agency. In developing the standards EPA assumes that the average adult drinks two (2) liters of water each day throughout a 70-year life span. The USEPA generally sets MCL's at levels that will result in no adverse health effects for some contaminants or a one-in-ten-thousand to onein-a-million chance of having the described health effect for other contaminants.) Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water which must provide the same public health protection. This table lists contaminants that had some level of detection. Many other contaminants were analyzed for but were not present or were below the detection limits of the lab equipment. Most of the results in the table are from testing done in 2015. However, state and federal agencies allows us to monitor for some contaminants less than once per year because the concentrations of the contaminants do not change frequently. Some of our data, though accurate, is more than one year

All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791) www.epa.gov/your-drinking-water/safe-

drinking-water-hotline

To learn even more about your water after

reviewing this report, please call our office at 540-375-3029 or visit the City's website at water.salemva.gov

We at the Water Department work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, way of life and our children's future.



TEST RESULTS									
Contaminant	Violation Y/N	Level Detected	Unit Measurement	MCLG	MCL	Likely Source of Contamination			
Microbiological Contaminants									
Total Coliform Bacteria	N	0 samples	P/A	0	samples	Naturally present in the environment			
2. Fecal coliform and <i>E.coli</i>	N	0 samples	P/A	0	a routine sample and repeat sample are total	Human and animal fecal waste			
3. Turbidity	INI	0.017- 0.116	NTU	n/a	≤ 0.3NTU	Soil runoff, (see note #3)			
Cryptosporidium Most recent monitoring period 2008-2010 New data collection begins October 2016	N	1-2	Oocysts per 10 liters	0	99% removal by filtration plus addition as required under the LT2ESWTR	Human and animal fecal waste THIS IS UNTREATED WATER!!			
5. Giardia lamblia Most recent monitoring period 2008-2010 New data collection begins October 2016	N	2-7	Cysts per 10 liters	0	99.9% removal or inactivation	Human and animal fecal waste THIS IS UNTREATED WATER!!			
Radioactive Contaminants									
6. Beta/photon emitters	N	1.5	pCi/1	0	4	Decay of natural and man-made deposits			
7. Alpha emitters	N	<0.9	pCi/1	0	15	Erosion of natural deposits			
8. Combined radium	N	<0.6	pCi/1	0	5	Erosion of natural deposits			
		Inc	organic Co	ntar	ninants				
9. Antimony	N	< 2	ppb	6	6	Discharge from petroleum refineries; fire retardants; ceramics; electronics; solder			
10. Arsenic	N	< 2	ppb	n/a	10	retardants; ceramics; electronics; solder Erosion of natural deposits; runoff from orchards; runoff from glass and electronics production wastes			
11. Aluminum	N	0.114	ppm	0.05- 0.20	0.20	Metal used in electrical conductors, explosives, paints, photography, utensils			
12. Barium	N	0.038	ppm	2	2	Discharge of drilling wastes; discharge from			
13. Beryllium	N	< 2	ppb	4	4	metal refineries; erosion of natural deposits Discharge from metal refineries and coal- burning factories; discharge from electrical,			
14. Cadmium	N	< 2	ppb	5	5	aerospace, and defense industries Corrosion of galvanized pipes; erosion of natural deposits; discharge from metal refineries; runoff from waste batteries and naints			
15. Chromium	N	< 10	ppb	100	100	Discharge from steel and pulp mills; erosion of natural deposits			
16. Corrosivity	N	11.0	Aggressive Index	n/a	noncorrosive	Physical property of water			
17. Silver	N	< 0.01	ppm	n/a	0.10	Naturally occurring in environment			
18. Chloride	N	13.7	ppm	n/a	250	Naturally occurring in environment			
19. Sulfate	N	17.5	ppm	n/a	250	Naturally occurring in environment			
20. pH	N	7.20 – 7.96	pH units	n/a	6.6 – 8.5	Acidity or basicity of water			
21. Total dissolved solids	N	182	ppm	n/a	500	Physical property of water			
22. Iron	N	< 0.05	ppm	n/a	0.3	Naturally occurring in environment			
23. Manganese	N	0.01	ppm	n/a	0.05	Naturally occurring in environment			

24. Nickel	N	< 0.01	ppm	n/a	0.1	Naturally occurring in environment, Used in alloys, protective coatings
25. Zinc	N	< 0.01	ppm	n/a	5	Naturally occurring in environment, Used in alloys, batteries, fungicides
26. Color	N	<5	Color units	n/a	15	Physical property of water
27. Sodium	N	5.94	ppm	n/a	n/a	Naturally occurring in environment
28.Chlorine	N	0.92 – 2.14	ppm	4	4	Required disinfectant added during the treatment process to eliminate bacteria
29. Fluoride	N	0.23 - 0.83	ppm	4	4	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories Discharge from steel/metal factories:
30. Cyanide	N	<0.02	ppm	0.2	0.2	discharge from plastic and fertilizer
31. Mercury (inorganic)	N	< 0.2	ppb	2	2	Erosion of natural deposits; discharge from refineries and factories; runoff from landfills; runoff from cropland
32. Nitrate/Nitrite (as Nitrogen)	N	0.35	ppm	10	10	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
33. Ortho Phosphate	N	< 0.05	ppm	n/a	n/a	Used in drinking water treatment
34. Selenium	N	< 0.01	ppm	0.05	0.05	Discharge from petroleum and metal refineries; erosion of natural deposits; discharge from mines
35. Thallium	N	< 2	ppb	0.5	2	Leaching from ore-processing sites; discharge from electronics, glass, and drug factories Primary dissolved limestone minerals from soil
36. Hardness	n/a	123-239	ppm	n/a	n/a	and rock materials
37. Alkalinity	n/a	90-187	ppm	n/a	n/a	Primary dissolved limestone minerals from soil and rock materials
Syntheti	c Org	ganic C	ontamina	nts ir	cluding Pestici	des and Herbicides
38. 2,4-D	N	< 1.0	ppb	70	70	Runoff from herbicide used on row crops
39. 2,4,5-TP (Silvex)	N	< 0.5	ppb	50	50	Residue of banned herbicide
40. Carbaryl	N	< 0.5	ppb	0	700	A pesticide used on forest lands
41. Alachlor	N	< 0.2	ppb	0	2	Runoff from herbicide used on row crops
42. Atrazine	N	< 0.5	ppb	3	3	Runoff from herbicide used on row crops
43. Benzo(a)pyrene (PAH)	N	< 0.2	ppb	0	0.2	Leaching from linings of water storage tanks and distribution lines
44. Carbofuran	N	< 0.2	ppb	40	40	Leaching of soil fumigant used on rice and alfalfa
45. Chlordane	N	< 0.2	ppb	0	2	Residue of banned termiticide
46. Dalapon	N	< 3	ppb	200	200	Runoff from herbicide used on rights of way
47. Di(2-ethylhexyl) adipate	N	< 1	ppb	400	400	Discharge from chemical factories
48. Di(2-ethylhexyl) phthalate	N	< 2	ppb	0	6	Discharge from rubber and chemical factories
49. Dibromochloropropane	N	< 0.02	ppb	0	0.2	Runoff/leaching from soil fumigant used on soybeans, cotton, pineapples, and orchards
50. Dinoseb	N	< 1	ppb	7	7	Runoff from herbicide used on soybeans and vegetables
51. Diquat	N	< 0.4	ppb	20	20	Runoff from herbicide use
52. Methomyl	N	< 0.5	ppb	0	200	Broad spectrum insecticide
53. Aldicarb Sulfoxide	N	< 0.5	ppb	0	4	Runoff from insecticide use, applied directly to soil
54. Aldicarb Sulfone	N	< 0.7	ppb	0	2	Runoff from insecticide use, applied directly to soil
55. Aldicarb	N	< 0.5	ppb	0	3	Runoff from insecticide use, applied directly to soil
						

56. Ethylene dibromide	N	< 0.02	ppb	0	0.05	Discharge from petroleum refineries
57. Dicamba	N	< 0.1	ppb	200	200	Runoff from herbicide use
58. Heptachlor	N	< 0.1	ppb	0	0.4	Residue of banned termiticide
59. Heptachlor epoxide	N	< 0.5	ppb	0	0.2	Breakdown of heptachlor
60. Hexachlorobenzene	N	< 0.1	ppb	0	1	Discharge from metal refineries and agricultural chemical factories
61. Hexachlorocyclo- pentadiene	N	< 0.5	ppb	50	50	Discharge from chemical factories
62. Lindane	N	< 0.1	ppb	0.2	0.2	Runoff/leaching from insecticide used on cattle, lumber, gardens
63. Methoxychlor	N	< 0.2	ppb	40	40	Runoff/leaching from insecticide used on fruits, vegetables, alfalfa, livestock
64. Oxamyl [Vydate]	N	< 2.0	ppb	200	200	Runoff/leaching from insecticide used on apples, potatoes and tomatoes
65. PCBs [Polychlorinated biphenyls]	N	< 0.2	ppb	0	0.5	Runoff from landfills; discharge of waste chemicals
66. Pentachlorophenol	N	< 0.1	ppb	0	1	Discharge from wood preserving factories
67. Picloram	N	< 1	ppb	500	500	Herbicide runoff
68. Simazine	N	< 0.5	ppb	4	4	Herbicide runoff
69. Toxaphene	N	< 1	ppb	0	3	Runoff/leaching from insecticide used on cotton and cattle
		V	olatile Or	ganic	Contamina	nts
70. Benzene	N	< 0.5	ppb	0	5	Discharge from factories; leaching from gas storage tanks and landfills
71. Carbon tetrachloride	N	< 0.5	ppb	0	5	Discharge from chemical plants and other industrial activities
72. Chlorobenzene	N	< 0.5	ppb	100	100	Discharge from chemical and agricultural chemical factories
73. o-Dichlorobenzene	N	< 0.5	ppb	600	600	Discharge from industrial chemical factories
74. p-Dichlorobenzene	N	< 0.5	ppb	75	75	Discharge from industrial chemical factories
75. 1,2 - Dichloroethane	N	< 0.5	ppb	0	5	Discharge from industrial chemical factories
76. 1,1 - Dichloroethylene	N	< 0.5	ppb	7	7	Discharge from industrial chemical factories
77. cis-1,2-	N	< 0.5	ppb	70	70	Discharge from industrial chemical
Dichloroethylene 78. trans - 1,2	N	< 0.5	ppb	100	100	Discharge from industrial chemical factories
-Dichloroethylene 79. Dichloromethane	N	< 0.5	ppb	0	5	Discharge from pharmaceutical and chemical
80. 1,2-Dichloropropane	N	< 0.5	ppb	0	5	factories Discharge from industrial chemical factories
81. Ethylbenzene	N	< 0.5	ppb	700	700	Discharge from petroleum refineries
82. Styrene	N	< 0.5	ppb	100	100	Discharge from rubber and plastic factories;
83. Tetrachloroethylene	N	< 0.5	ppb	0	5	leaching from landfills Leaching from PVC pipes; discharge from
84. 1,2,4	N	< 0.5	ppb	70	70	factories and dry cleaners Discharge from textile-finishing factories
-Trichlorobenzene 85. 1,1,1 - Trichloroethane	N	< 0.5	ppb	200	200	Discharge from metal degreasing sites and other
86. 1,1,2 -Trichloroethane	N	< 0.5		3	5	factories Discharge from industrial chemical factories
			ppb		+	Discharge from metal degreasing sites and other
87. Trichloroethylene	N	< 0.5 11.7 –	ppb	0	5	factories
88. TTHM [Total trihalomethanes]	N	65.0	ppb	0	80	By-product of drinking water chlorination

89. HAA5 [Haloacetic acids]	N	14.9 – 47.0	ppb	n/a	60	By-product of drinking water chlorination
90. Toluene	N	< 0.5	ppm	1	1	Discharge from petroleum factories
91. Vinyl Chloride	N	< 0.5	ppb	0	2	Leaching from PVC piping; discharge from plastics factories
92. Xylenes	N	< 0.5	ppb	1000	1000	Discharge from petroleum factories; discharge from chemical factories
93. Methyl Tert Butyl Ether (MTBE)	N	<5	ppb	n/a	n/a	Gasoline additive, found in leaking underground storage tanks

Total Organic Carbon								
94. Total Organic Carbon	N	0.73 - 1.53	ppm	n/a	Treatment Technique (see note #94)	Naturally present in the environment		

	Lead and Copper Analysis (Most recent monitoring period 2013)*											
Contaminant	Unit of Measurement	MCLG	MCL	90 th Percentile Level Found	Action Level Exceeded	Samples > AL	Typical Source of Contamination					
Copper	ppm	1.3	AL= 1.3	0.087	No	0	Corrosion of household plumbing systems;					
Lead	ppb	0	AL=15	7.7	No	0	erosion of natural deposits; leaching from wood preservatives					

Analysis frequency is every three years; thirty samples are collected from the distribution system New data will be collected during the summer of 2016. It will be in the next CCR report

Infants and children who drink water containing lead in excess of the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink this water over many years could develop kidney problems or high blood pressure. If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The City of Salem Water Department is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap 30 seconds to 2 minutes or until it becomes cold or reaches a steady temperature before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your tested. Information on lead in drinking, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http://ww.epa.gov./safewater/lead.

	Unregu	ılated Co	ntaminant	Monite	oring	Program Data
Contaminant	Violation Y/N	Level Detected	Unit of Measurement	MCLG	MCL	Likely source of contamination
1,2,3-Trichloropropane	N	ND	ppb			Used in paint, varnish remover, solvents and degreasing agents
1,3-Butadiene	N	ND	ppb			Used in rubber manufacturing and occurs as a gas
Chloromethane	N	ND	ppb			By-product that can form when chlorine used to disinfect drinking water
1,1-Dichloroethane	N	ND	ppb			Used as a solvent
Bromomethane	N	ND	ppb			Used as a fumigant on soil before planting, on crops after harvest
Chlorodifluoromethane	N	ND	ppb			Used as a refrigerant
Bromochloromethane	N	ND	ppb			Used as a fire extinguishing fluid, as a solvent in the making of pesticides
Perfluorooctanesulfonic acid	N	ND	ppb			Used in firefighting foam, floor polish, as a pesticide active ingredient
Perfluorooctanoic acid	N	ND	ppb			Used cleaners, cosmetics, greases, paints, lubricants
Perfluorononanoic acid	N	ND	ppb			Used in products to make them stain, grease, heat and water resistant
Perfluorohexanesulfonic acid	N	ND	ppb			Used in products to make them stain, grease, heat and water resistant
Perfluoroheptanoic acid	N	ND	ppb			Used in products to make them stain, grease, heat and water resistant
Perfluorobutanesulfonic acid	N	ND	ppb			Used in products to make them stain, grease, heat and water resistant
1,4 -Dioxane	N	ND	ppb			Used in the production of paper, cotton, textile products, cosmetics, shampoos Agricultural defoliant or desiccant
Chlorate	N	ND	ppb			
Vanadium	N	0.320-0.370	ppb			Naturally occurring elemental metal

WATER REPORT

Molybdenum	N	ND	ppb	 	Naturally occurring elemental metal
Cobalt	N	ND	ppm	 	Naturally occurring elemental metal
Strontium	N	240-380	ppm	 	Naturally occurring elemental metal
Chromium	N	ND	ppm	 	Naturally occurring elemental metal
Chromium - 6	N	0.057-0.079	ppb	 	Naturally occurring elemental metal
					, ,

Purpose: To collect occurrence data for contaminants suspected to be present in drinking water but that do not have health-based Standards set under the Safe Drinking Water Act (SDWA). The Unregulated Contaminant Monitoring Program is the primary source of drinking water contaminant occurrence data used by USEPA in regulatory determinations.

Microbiological Contaminants:

- (1) Total Coliform. Coliforms are bacteria that are naturally present in the environment and are used as an indicator that other, potentially-harmful, bacteria may be present.
- (2) Fecal coliform/E.Coli. Fecal coliforms and E. coli are bacteria whose presence indicates that the water may be contaminated with human or animal wastes. Microbes in these wastes can cause short-term effects, such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a special health risk for infants, young children, and people with severely compromised immune systems.
- (3) Turbidity. Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches. Combined effluent turbidity must be ≤ 0.3NTU
- in 95% of measurements taken each month.
- (4) Cryptosporidium. Pathogenic protozoa that is widely distributed in nonpotable water supplies. This organism can cause gastrointestinal illness (e.g. diarrhea, vomiting, and cramps).
- (5) Giardia lamblia. Pathogenic protozoa that is widely distributed in nonpotable water supplies. This organism can cause gastrointestinal illness (e.g. diarrhea, vomiting, and cramps).

Radioactive Contaminants:

- (6) Beta/photon emitters. Certain minerals are radioactive and may emit forms of radiation known as photons and beta radiation. Some people who drink water containing beta and photon emitters in excess of the MCL over many years may have an increased risk of getting cancer.
- (7) Alpha emitters. Certain minerals are radioactive and may emit a form of radiation known as alpha radiation. Some people who drink water containing alpha emitters in excess of the MCL over many years may have an increased risk of getting cancer.
- (8) Combined Radium 226/228. Some people who drink water containing radium 226 or 228 in excess of the MCL over many years may have an increased risk of getting cancer.

Inorganic Contaminants:

- (9) Antimony. Some people who drink water containing antimony well in excess of the MCL over many years could experience increases in blood cholesterol and decreases in blood sugar.
- (10) Arsenic. Some people who drink water containing arsenic in excess of the MCL over many years could experience skin damage or problems with their circulatory system, and may have an increased risk of getting cancer.
- (11) Aluminum. People at risk for health problems include dialysis patients. Symptoms of chronic

- aluminum exposure include softening of the bones and brain dysfunction.
- (12) Barium. Some people who drink water containing barium in excess of the MCL over many years could experience an increase in their blood pressure.
- (13) Beryllium. Some people who drink water containing beryllium well in excess of the MCL over many years could develop intestinal lesions.
- (14) Cadmium. Some people who drink water containing cadmium in excess of the MCL over many years could experience kidney damage.
- (15) Chromium. Some people who use water containing chromium well in excess of the MCL over many years could experience allergic dermatitis.
- (16) Copper. Copper is an essential nutrient, but some people who drink water containing copper in excess of the action level over a relatively short amount of time could experience gastrointestinal distress. Some people who drink water containing copper in excess of the action level over many years could suffer liver or kidney damage. People with Wilson's disease should consult their personal doctor.
- (17) Silver. Since silver is not a health benefit for living organisms in any way, the body has a low capacity for absorbing it. Low amounts of ionic silver water intake are not harmful or life threatening in any way, but large intakes can prove to be extremely toxic. Water guidelines suggest an incredibly low amount of silver within drinking water because a high concentration of silver water can bond while boiling and create silver oxide. Silver water that contains silver nitrate can be even more harmful and cause dizziness, diarrhea, and vomiting.
- (18) Chloride. Chlorides are not usually not harmful to people, however they can corrode metals and effect the taste of food products.
- (19) Sulfate. Health concerns regarding sulfate in drinking water have been raised because of reports that diarrhea may be associated with the ingestion of water containing high levels of sulfate.
- (20) pH. The U.S. E.P.A. does not regulate pH levels in drinking water, it is classified as a secondary water contaminant whose impact is considered aesthetic.
- (21) Total dissolved solids. Total dissolved solids can give water a murky appearance and detract from the taste quality of the water.
- (22) Iron. Elevated iron levels in water can cause stains in plumbing, laundry, and cooking utensils, and can impart objectionable tastes and colors to food.
- (23) Manganese. Elevated manganese levels in water can cause stains in plumbing, laundry, and cooking utensils. Upon exposure to air or other oxidants, manganese will usually precipitate black.
- (24) Nickel. Nickel is not known to cause any health problems when people are exposed to levels above the MCL for relatively short periods of time
- (25) Zinc. Harmful effects generally begin at levels 10-15 times higher than the amount needed for good health. Large doses taken by mouth even for a short time can cause stomach cramps, nausea, and vomiting.

- (26) Color. Color in drinking water is classified as a secondary water contaminant whose impact is considered aesthetic.
- (27) Sodium. An essential element required for normal body function including nerve impulse transmission, fluid regulation, and muscle contraction and relaxation. However, in excess amounts, sodium increases individual risk of hypertension, heart disease, and stroke. One of the chief sources of sodium is the consumption of salt; therefore salt restrictions are often recommended as a first-line of treatment for individuals suffering from these conditions.
- (28) Chlorine. Some people who use drinking water containing chlorine well in excess of EPA's standard could experience irritating effects to their eyes and nose and stomach discomfort.
- (29) Fluoride. Some people who drink water containing fluoride in excess of the MCL over many years could get bone disease, including pain and tenderness of the bones. Children may get mottled teeth.
- (30) Cyanide. Nerve damage or thyroid problems.
- (31) Mercury (inorganic). Some people who drink water containing inorganic mercury well in excess of the MCL over many years could experience kidney damage.
- (32) Nitrate. Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill and, if untreated, may die. Symptoms include shortness of breath and blue-baby syndrome.
- (33) Orthophosphate. A commonly used corrosion inhibitor that is added to finished drinking water. Orthophosphate works by forming a protective coating inside of pipes in the distribution system and in customer homes to prevent lead from leaching into drinking water. It is approved for use in drinking water reatment by the USEPA, and certified by the National Sanitation Federation. It is not used at the City of Salem Water Plant.
- (34) Selenium. Selenium is an essential nutrient. However, some people who drink water containing selenium in excess of the MCL over many years could experience hair or fingernail losses, numbness in fingers or toes, or problems with their circulation.
- (35) Thallium. Some people who drink water containing thallium in excess of the MCL over many years could experience hair loss, changes in their blood, or problems with their kidneys, intestines, or liver.
- (36) Hardness. Hardness does not pose a health risk and is not regulated by state or federal agencies. It often causes aesthetic problems, such as scaling on pipes and fixture; lowers detergent performance.
- (37) Alkalinity. High alkalinity does not pose a health risk, but can cause aesthetic problems.

Synthetic organic contaminants including pesticides and herbicides:

(38) 2, 4-D. Some people who drink water containing the weed killer 2, 4-D well in excess of the MCL over

- many years could experience problems with their kidneys, liver, or adrenal glands.
- (39) 2, 4, 5-TP (Silvex). Some people who drink water containing silvex in excess of the MCL over many years could experience liver problems.
- (40) Carbaryl. Carbaryl may reduce learning ability and aggravate viral diseases.
- (41) Alachlor. Some people who drink water containing alachlor in excess of the MCL over many years could have problems with their eyes, liver, kidneys, or spleen, or experience anemia, and may have an increased risk of getting cancer.
- (42) Atrazine. Some people who drink water containing atrazine well in excess of the MCL over many years could experience problems with their cardiovascular system or reproductive difficulties.
- (43) Benzo (a) pyrene [PAH]. Some people who drink water containing benzo (a) pyrene in excess of the MCL over many years may experience reproductive difficulties and may have an increased risk of getting cancer.
- (44) Carbofuran. Some people who drink water containing carbofuran in excess of the MCL over many years could experience problems with their blood, or nervous or reproductive systems.
- (45) Chlordane. Some people who drink water containing chlordane in excess of the MCL over many years could experience problems with their liver or nervous system, and may have an increased risk of getting cancer.
- (46) Dalapon. Some people who drink water containing dalapon well in excess of the MCL over many years could experience minor kidney changes.
- (47) Di (2-ethylhexyl) adipate. Some people who drink water containing di (2-ethylhexyl) adipate well in excess of the MCL over many years could experience general toxic effects or reproductive difficulties.
- (48) Di (2-ethylhexyl) phthalate. Some people who drink water containing di (2-ethylhexyl) phthalate in excess of the MCL over many years may have problems with their liver, or experience reproductive difficulties, and may have an increased risk of getting cancer.
- (49) Dibromochloropropane (DBCP). Some people who drink water containing DBCP in excess of the MCL over many years could experience reproductive difficulties and may have an increased risk of getting cancer.
- (50) Dinoseb. Some people who drink water containing dinoseb well in excess of the MCL over many years could experience reproductive difficulties.
- (51) Diquat. Some people who drink water containing diquat in excess of the MCL over many years could get cataracts.
- (52) Methomyl. Repeated exposure to methomyl may cause an unsuspected inhibition of cholinesterase, resulting in flu-like symptoms, such as weakness, lack of appetite, and muscle aches.
- (53) Aldicarb Sulfoxide. The primary route of human exposure to aldicarb sulfoxide is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb sulfoxide.
- (54) Aldicarb Sulfone. The primary route of human exposure to aldicarb sulfone is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb sulfone.
- (55) Aldicarb. The primary route of human exposure to aldicarb is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb.
- (56) Ethylene dibromide. Some people who drink water containing ethylene dibromide in excess of the MCL over many years could experience problems with their liver, stomach, reproductive system, or kidneys, and may have an increased risk of getting cancer.

- (57) Dicamba. Chronic exposure to dicamba can lead to the lost of appetite, vomiting, shortness of breath, and bluing of the skin and gums.
- (58) Heptachlor. Some people who drink water containing heptachlor in excess of the MCL over many years could experience liver damage and may have an increased risk of getting cancer.
- (59) Heptachlor epoxide. Some people who drink water containing heptachlor epoxide in excess of the MCL over many years could experience liver damage, and may have an increased risk of getting cancer.
- (60) Hexachlorobenzene. Some people who drink water containing hexachlorobenzene in excess of the MCL over many years could experience problems with their liver or kidneys, or adverse reproductive effects, and may have an increased risk of getting cancer.
- (61) Hexachlorocyclopentadiene. Some people who drink water containing hexachlorocyclopentadiene well in excess of the MCL over many years could experience problems with their kidneys or stomach.
- (62) Lindane. Some people who drink water containing lindane in excess of the MCL over many years could experience problems with their kidneys or liver.
- (63) Methoxychlor. Some people who drink water containing methoxychlor in excess of the MCL over many years could experience reproductive difficulties. (64) Oxamyl [Vydate]. Some people who drink water containing oxamyl in excess of the MCL over many years could experience slight nervous system effects.
- (65) PCBs [Polychlorinated biphenyls]. Some people who drink water containing PCBs in excess of the MCL over many years could experience changes in their skin, problems with their thymus gland, immune deficiencies, or reproductive or nervous system difficulties, and may have an increased risk of getting cancer.
- (66) Pentachlorophenol. Some people who drink water containing pentachlorophenol in excess of the MCL over many years could experience problems with their liver or kidneys, and may have an increased risk of getting cancer.
- (67) Picloram. Some people who drink water containing picloram in excess of the MCL over many years could experience problems with their liver.
- (68) Simazine. Some people who drink water containing simazine in excess of the MCL over many years could experience problems with their blood.
- (69) Toxaphene. Some people who drink water containing toxaphene in excess of the MCL over many years could have problems with their kidneys, liver, or thyroid, and may have increased risk of getting cancer.

Volatile Organic Contaminants:

- (70) Benzene. Some people who drink water containing benzene in excess of the MCL over many years could experience anemia or a decrease in blood platelets, and may have an increased risk of getting cancer.
- (71) Carbon Tetrachloride. Some people who drink water containing carbon tetrachloride in excess of the MCL over many years could experience problems with their liver and may have an increased risk of getting cancer.
- (72) Chlorobenzene. Some people who drink water containing chlorobenzene in excess of the MCL over many years could experience problems with their liver or kidneys.
- (73) o-Dichlorobenzene. Some people who drink water containing o-dichlorobenzene well in excess of the MCL over many years could experience problems with their liver, kidneys, or circulatory systems.
- (74) p-Dichlorobenzene. Some people who drink water containing p-dichlorobenzene in excess of the MCL over many years could experience anemia, damage to their liver, kidneys, or spleen, or changes in their blood
- (75) 1,2-Dichloroethane. Some people who drink water containing 1, 2-dichloroethane in excess of the MCL over many years may have an increased risk of

getting cancer.

- (76) 1, 1-Dichloroethylene. Some people who drink water containing 1, 1-dichloroethylene in excess of the MCL over many years could experience problems with their liver.
- (77) cis-1, 2-Dichloroethylene. Some people who drink water containing cis-1, 2-dichloroethylene in excess of the MCL over many years could experience problems with their liver.
- (78) trans-1, 2-Dicholoroethylene. Some people who drink water containing trans-1, 2-dichloroethylene well in excess of the MCL over many years could experience problems with their liver.
- (79) Dichloromethane. Some people who drink water containing dichloromethane in excess of the MCL over many years could have liver problems and may have an increased risk of getting cancer.
- (80) 1, 2-Dichloropropane. Some people who drink water containing 1, 2-dichloropropane in excess of the MCL over many years may have an increased risk of getting cancer.
- (81) Ethylbenzene. Some people who drink water containing ethylbenzene well in excess of the MCL over many years could experience problems with their liver or kidneys.
- (82) Styrene. Some people who drink water containing styrene well in excess of the MCL over many years could have problems with their liver, kidneys, or circulatory system.
- (83) Tetrachloroethylene. Some people who drink water containing tetrachloroethylene in excess of the MCL over many years could have problems with their liver, and may have an increased risk of getting cancer. (84) 1, 2, 4-Trichlorobenzene. Some people who drink water containing 1, 2, 4-trichlorobenzene well in excess of the MCL over many years could experience changes in their adrenal glands.
- (85) 1, 1, 1, Trichloroethane. Some people who drink water containing 1, 1, 1-trichloroethane in excess of the MCL over many years could experience problems with their liver, nervous system, or circulatory system. (86) 1, 1, 2-Trichloroethane. Some people who drink water containing 1, 1, 2-trichloroethane well in excess of the MCL over many years could have problems with their liver, kidneys, or immune systems.
- (87) Trichloroethylene. Some people who drink water containing trichloroethylene in excess of the MCL over many years could experience problems with their liver and may have an increased risk of getting cancer. (88) TTHMs [Total Trihalomethanes]. Some people who drink water containing trihalomethanes in excess of the MCL over many years may experience problems with their liver, kidneys, or central nervous systems, and may have an increased risk of getting cancer.
- (89) HAA5s [Haloacetic acids]. Some people who drink water containing haloacetic acids in excess of the MCL over many years may experience problems with their liver, kidneys, or central nervous systems, and may have an increased risk of getting cancer.
- (90) Toluene. Some people who drink water containing toluene well in excess of the MCL over many years could have problems with their nervous system, kidneys, or liver.
- (91) Vinyl Chloride. Some people who drink water containing vinyl chloride in excess of the MCL over many years may have an increased risk of getting cancer.
- (92) Xylenes. Some people who drink water containing xylenes in excess of the MCL over many years could experience damage to their nervous system.
- (93) Methyl Tert Butyl Ether (MTBE). Data support the conclusion that MTBE is a potential human carcinogen at high doses.
- (94) Total Organic Carbon. A parameter that is monitored to determine the probability of disinfection by-product formation (TTHMs no.88 and HAAs no.89) exceeding the MCL. Treatment Technique: The annual average removal ratio is ≥ 1.0 .



June 29 - July 10

Don't miss the 2016 Salem Fair! Located in the heart of the Roanoke Valley on the grounds of the Salem Civic Center Complex, the Salem Fair is one of the top 100 fairs and expositions in America. Admission is always FREE!









EVENTS AROUND SALEM



adult programs

BALLROOM DANCING: BEGINNER/INTERMEDIATE (ADULT & TEEN)

This class offers a complete introduction to ballroom dancing. The class is perfect for beginners and those looking to polish their ballroom technique. You will learn the techniques necessary for moving with style and grace. No previous dance experience or partner is necessary. Friday evenings at the Senior Center.

CERAMICS (INTERMEDIATE)

This class is designed for the student who has prior experience with ceramics. Painting on resin, dry brushing, and other techniques will be introduced. Monday evenings at the Senior Center.

CHESS (ages 16 - Adult)

This chess group is for all levels of playing strength. Tuesday evenings at the Senior Center. Class is free.

Supervisor: Vickie Sword vsword@salemva.gov Asst. Supervisor: Hank Luton hluton@salemva.gov 110 Union Street Phone: (540) 375-3054

FOR COST AND MORE INFORMATION ON ANY CLASSES OFFERED, GO TO SALEM PARKS AND RECREATION WEB SITE AND CLICK ON COMMUNITY ACTIVITIES.



Sounds of the mountains

COLE BLUEGRASS SHOW The first Monday of every month, Dwayne Cole has two excellent bluegrass groups come to perform at the Senior Center from 7:00 pm - 9:00 pm. This event is open to the public. There is no admittance fee. However, donations are encouraged in order to keep this good event going.

CROCHETING & KNITTING

Learn the basics of crocheting and complete different projects in class. Thursday evenings at the Senior Center.

DOG OBEDIENCE

A six-week course (April 9 - May 21) for dogs of any breed and any age. Dogs will learn to heel calmly on leash, react to different commands, and come when called. Organizational Meeting at the Salem Senior Center on Tuesday, April 5. Saturday mornings at Salem High School.

HANDBUILT CERAMICS

Come stretch your creative muscles as you learn how to form original works of art in clay. The basic skills of hand-built ceramics will be taught through the pinch, coil, and slab methods using low fire clays and glazes. Wednesday evenings at Salem High School.

TOPS (Take Off Pounds Sensibly)

Join this wonderful group and work together to learn healthy options to take the pounds off. Weekly programs and discussions with weigh-ins strictly confidential. For more information email judyotopss@aol.com. Tuesday evenings at the Senior Center.

health & fitness

TOTAL SCULPTING

Two separate classes. This class is designed to reduce body fat and

sculpt muscles through a series of strength training exercises using bands, free weights and more. This is a great program for any level participant. Instructors are trained to modify exercises for beginning levels. Classes are held Monday and Wednesday evenings.

EXTREME BOOT CAMP

Extreme boot camp mixes body weight exercises with interval training and strength training, in a variety of formats and class styles designed in a way to maximize aerobic and anaerobic benefit. Bootcamp will push you harder than you would push yourself and help you reach your fitness goals, no matter what they might be. While not for the faint at heart, this class is for all fitness levels and

For more info, new class listings and to sign up for these programs, head to www.salemva.gov and click on "Parks & Recreation" or call 375-3054

PARKS & RECREATION -

anyone who is willing and ready to work hard, break a sweat, burn some calories, build some muscle, and have some fun! Classes are held on Tuesday evenings.

KICKBOXING

This class is a combination of cardio, boxing and marital arts providing a total body workout which aims to improve strength, aerobic fitness, speed, flexibility, coordination and balance. Come try one of the most popular fitness trends and kick, jab, cross, hook and uppercut your way to a fitter you! Classes held Mondays.

TENNIS (ALL LEVELS)

To register or get more info, contact Scott Gibson at 397-1257 or sgibson@salemva.gov.

YOGA (BEGINNER/INTERMEDIATE)

Three class times offered. Yoga is a great way to increase joint mobility, improve muscle tone and flexibility, and build balance. It improves memory, focus, and attention, as well as promote an overall sense of well-being. Classes are held Tuesdays, Wednesdays and Thursdays.

youth/teens

BATON TWIRLING LESSONS (AGES 4-18)

Students will learn and improve on baton twirling skills, participate in 5 local parades as well as other community events throughout the year. There is also an end-of-year recital. Thursday evenings at the Senior Center.

FREE GUITAR WORKSHOP FOR KIDS

If you are considering starting your child (ages 8 – 12) in guitar lessons, come by the Salem Senior Center for a free session on April 26 with Randolph Walker, guitar instructor with Salem Parks and Recreation. Mr. Walker will tune your guitar, evaluate it for playability, offer free handouts, and answer any questions or

concerns you may have about guitar lessons for your child. Parents are welcome to come with or without their children. Preregistration is required. The beginner guitar class will start the following Tuesday.

GUITAR FOR KIDS (8 - 12)

Be a real guitar hero! Learn music basics like tuning, tempo, rhythm and dynamics, play simplified chord and riff's from guitar tab. Tuesdays at the Senior Center.

KNIT & CROCHET (8 - 14)

Learn basic knitting and crocheting stitches and how to read patterns. Thursdays at the Senior Center.

TENNIS BEGINNER (6 - 10)

Ever wanted to learn about tennis? Come to the tennis class & learn everything from the rules of the game to hitting an overhead serve. Contact Scott Gibson at 397-1257 or sgibson@salemva.gov

Senior center 110 UNION STREET

MONDAYS

9 am - 12 noon – Bridge 12:30 pm – Senior Mtn. Pickers 1 - 4 pm – Mexican Train Dominoes 7 - 9 pm – Cole Bluegrass Show (First Monday every month)

TUESDAYS

8:45 - 9:45 am – Exercise 10 am - 2 pm – Chair Caning and Basket Weaving 10:15 am – Tai-Chi at College Lutheran Church

2 pm – Ballroom dance, the first and third Tuesdays (second and fourth Tuesdays – Tea Dance)

WEDNESDAYS

9 - 10 am - Tap dance 10 - 11 am - Yoga 10 am - 12 noon - Ceramics 10 am - 12 noon - Needlework 1 - 3 pm - Line Dance 1 pm - TRIAD Meeting (1st Wed) 2 - 3 pm - Computer Classes

THURSDAYS

8:45 - 9:45 am - Zumba Gold

10 am - 12 noon – Quilting 10 am - 12 noon – Art on your

11 am - 12 noon - 49er's Plus Club Meeting

12 - 4 pm – Cards on your own 12 - 2 pm – Monthly Luncheon w/ entertainment (last Thur. of month)

12:30 - 2 pm - Sr. Singers Practice (first Thurs. w/appts other days)

FRIDAYS

8:45 - 9:45 am – Exercise 10:15 - 11:15 am – Tai-Chi 10:30 am – Senior Mtn. Pickers 2 - 5 pm – Wii Games 7 - 9 pm – Ballroom Dance

"49ERS PLUS" CLUB

meets on the 1st and 3rd Thursdays at 11 am, and eat lunch out on the 2nd week at various restaurants. They also preside at our Monthly Luncheons. This is a group that meets for fun; they make donations to organizations such as the Salem Rescue Squad, the American Red Cross and more.

MONTHLY POT LUCK LUNCHEONS

are always a fun well-attended event, with entertainment following the meal. They are held on the last Thursday of each month.

BALLROOM DANCE CLASS

meets the 1st & 3rd Tuesdays of each month for class and then in the form of a TEA DANCE the 2nd and 4th Tuesday of the month. 2 to 4 pm. Taped music is provided and there is no fee but each person is asked to bring a snack food to share.

SALEM SENIOR SINGERS

practice on the 1st Thursday at 12:30 pm, and sing on a regular basis for Snyder Nursing Home and other places in the Valley.

SENIOR MTN. PICKERS

is an excellent group of stringed instrument musicians who play informally on Mondays at 12:30 pm and Fridays at 10:30 am at the Senior Center. You may join them with an instrument if you play or you may attend as a part of the audience of the 50+ crowd.

SPECIAL EVENTS

are provided through each month. We frequently make outings in our van or bus to local malls, shops and restaurants, or day trips to Wytheville, Shatley Springs, Swinging Bridge, Lynchburg, Charlotte. Harrisonburg, Other Friday events include bingo, ice cream sundae day, movie day, crafts, parties, etc. *A small fee may apply for some of these events; please stop by the Salem Senior Center for a monthly calendar.

SPECIAL TRIPS

These trips are planned for the year to Wytheville's Wohlfahrt Haus Dinner Theatre, Myrtle Beach, SC, Strasberg, PA to see Moses and tour the Amish Village. New trips are added regularly. Stop by and pick up a trip list.

MONTHLY NEWSLETTER

A calendar with news of our activities and outings is ready for distribution the week before our monthly luncheons. Pick one up so you can join us at the Senior Center.





THREE RACES: ONE DAY OCTOBER 15, 2016



The City of Salem is known as "Virginia's Championship City" for its proven track record at hosting NCAA Championships and a variety of other prestigious national and regional tournaments. The Salem Half Marathon hopes to build on this tradition of excellence by offering three races and encouraging people to get physically active and visit Salem. The races will start and finish on Main Street and take runners on a scenic and challenging tour of city neighborhoods, the Greenway and Roanoke College. Come Join Us!



RACE EXPO

OCTOBER 14 AT THE NEW ROANOKE COLLEGE CREGGER CENTER

REGISTER NOW RACE.SALEMVA.GOV

special events

Manager: Kathy Murphy kmurphy@salemva.gov Supervisor: Nathan Wooden nwooden@salemva.gov 620 Florida Street Phone: (540) 375-3057

ANNUAL **65TH ERNEST** "PIG" ROBERTSON FISHING RODEOS Lake Spring Park, To register please call (540) 375-3057. April 23rd Children Ages 3 - 8, 9 a.m. - Noon. April 25th Children with Disabilities Day, 10 a.m. - Noon. April 27th Nursing Home Patient's Day, 10 a.m. -Noon. April 30th Children ages 9 – 12, 9 a.m. – Noon.

MOVIES AT LONGWOOD

June 11th, July 7th, August 4th, September 17th. Bring a blanket and chairs and enjoy a movie under the stars! Admission is free. The first 50 families will receive a free bag of popcorn from Frito Lay. Concessions will be available to purchase from Fun Times.

RELAY FOR LIFE May 14th, 10 a.m. to 10 p.m. – at Longwood



Put on those running shoes

SALEM DISTANCE RUN Saturday, August 13th, at Longwood Park. Featuring a 3k poker walk, 5k & 10k races. Sponsored by Salem Parks & Recreation & Southwest Health Focus. The 5k & 10k runs start at 8:15a.m. Awards will be given out to the top 3 overall finishers and the top 3 in each age group. For more info call, (540) 444-2925.



Live music on the market

SALEM AFTER FIVE 5:30 p.m. - 9 p.m. Salem Farmers Market, \$5/Children 12 and under are free. Food Court, Children's Play Area (540) 375-3057. April 29th - The Kings, May 20th - Fuzzy Logic, June 24th -Superhold, July 22nd - Domino, August 12th - Jim Quick & Coastline.

Park. Visit www.RelayForLife.org/ SalemVA or call 540-774-2710 to register your team. Activities are scheduled throughout the day.

SALEM HALF MARATHON

Saturday, October 15th, Event

Market and will go until noon with after party. **PUMPKINFEST**

starts at 8 a.m. at Farmers

Saturday, October 29th, Salem Farmers Market, 11a.m - 2 p.m., give-away, Children's Pumpkin activities. Carnival Games. Costume Contest, Hay Rides, and a Pumpkin Auction. Trick or Treating with Salem Merchants at 10 a.m..

James I. Moyer **Sports Complex**

Manager: Eric O'Brien, eobrien@salemva.gov Supervisor: Scott Scharnus, sscharnus@salemva.gov, 1000 Union Street, Salem (540) 375-4021

MAY 26TH - 31ST

NCAA Div. III Women's Softball **National Championship**

JUNE 10TH & 12TH

VHSL Division 1 State Softball

JUNE 17TH - 19TH

ASA Youth Fast Pitch Softball State Tournament

JUNE 24TH - 26TH

ISF Senior World Cup Adult Slow Pitch Softball Champ.

JULY 1ST - 3RD

ASA Salem Fair Youth Fast **Pitch Softball Tournament**

AUGUST 1ST - 7TH

ASA/USA Girl's Class "A" 12U Fast Pitch National Champ.

AUGUST 18TH - 21ST

Special Olympics NIT Softball **Tournament**

AUGUST 27TH & 28TH

USSSA Interstate Church of God Adult Slow Pitch Tourn.

SEPT. 10TH & 11TH

Got Game Strike Out Hunger **Benefit Youth Tournament**

SEPT. 17TH & 18TH

ASA /USA Heartland College **Fast Pitch Showcase Series**

SEPT. 24TH & 25TH

ASA "Help Save The Next Girl" Youth Fast Pitch Tournament

OCT. 8TH & 9TH

ASA JO/Scrappers 18U & 16U **College Show Case Girls Fast Pitch Softball Tournament**

Salem Kiwanis Baseball Field

Manager: Eric O'Brien, eobrien@salemva.gov Supervisor: Josh Brown, jbrown@salemva.gov, 731 Indiana Street, Salem (540) 375-3013

JUNE 10TH

VHSL State Baseball Champ.

JULY 15TH - 19TH

American Legion Senior District Tournament

JULY 22ND - 26TH

American Legion Senior District Tournament

AUGUST 19TH - 21ST

USSSA Baseball Tournament

SEPT. 9TH - 11TH

USSSA Baseball Tournament

SEPT. 23RD - 25TH

USSSA Baseball Tournament

youth and adult athletics

Manager: Scott Hall, shall@salemva.gov Supervisor: Nat Franklin, nfranklin@salemva.gov 925 Union Street, Salem (540) 375-4094

STATEMENT The purpose of youth recreational athletic leagues is to provide an enjoyable experience for each youth participant, while developing character. skills, sportsmanship and promoting good will among all teams and individuals. Although sports are competitive by

nature, the City of Salem Parks and

Recreation Department's intentions

are to place less emphasis on

YOUTH SPORTS MISSION

Ways to register for Athletics

- Online www.salemva.gov
- In Person Sports Office located at 925 Union Street between the hours of 8:00a-5:00p, Monday through Friday
- By Phone (540) 375-4094

\$35 Salem Residents, \$85 Tuition Paying Students enrolled in a Salem School. Uniforms are included with paid registration.

winning, while promoting the building of lifetime physical activity and health for each participant.

GREAT BEGINNINGS WITH ED GREEN & STAFF

Make checks payable to Ed Green, Great Beginnings, and get application online at parksandrec. salemva.gov. For more info, call Ed at 387-9516.

ADULT LEAGUES OFFERED

The Salem Parks and Recreation Department offers a variety of adult leagues aimed at increasing physical fitness and promoting social interaction between

participants. Adults 18 and up.

REGISTRATION DATES AT ACTIVENET

Boys Fall Soccer (Ages 12-15): May 12 - June 19 Girls Soccer: May 2 - June 20 Football: May 2 - June 19 Cheerleading: May 2 - June 19 Basketball: Sept. 12th - Oct. 16

SUMMER SPORTS CLINICS

See web for more information: Boys & Girls Basketball, Football, Volleyball, Baseball, Softball, Lacrosse, Co-ed Soccer, and Cheerleading. Visit website for location, dates & time.



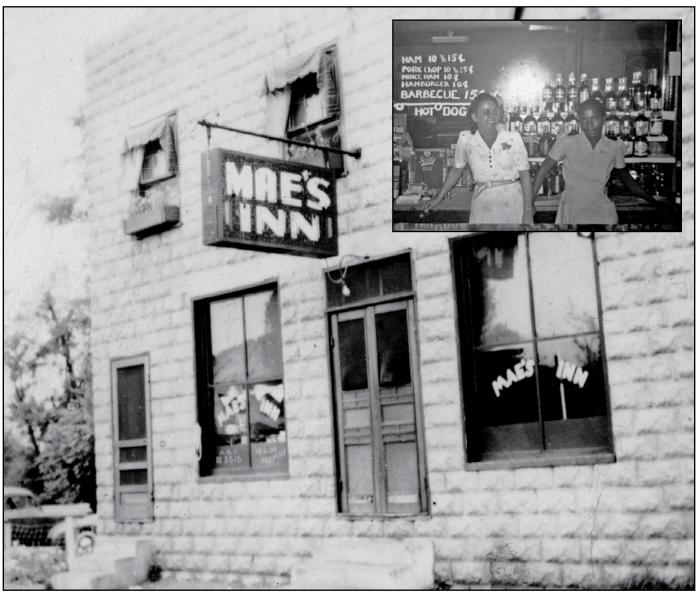
Crowning a national champion at the Moyer Complex SEPT. 2ND - 5TH ASA Men's Class "D" & "E" Eastern Slow Pitch Championship

A LONG TIME AGO



John Long - Salem Historian & Educator jlong@roanoke.edu 375-2421

77 YEARS AGO



Photos courtesy Salem Museum - 389-6760

Mae's Inn Opens. For African Americans in the days of segregation, opportunities to get a bite to eat or grab a drink were somewhat limited. An establishment that catered to the black community was sure to attract a large clientele, and such was the case with Mae's Inn on Alabama Street, which is now South Market Street. Ethel Mae Myers Whitfield opened her Salem restaurant and bar about 1939. She and her husband, Thomas, also operated another establishment in the Pinkard's Court area in South Roanoke County that was complete with a motel on the "Rocky Mount Road." It was through a chance encounter at Mae's in Salem in 1957 that Carver student Larry LeGrande got his chance to break into professional baseball. (see the full story on page 32 in this issue) In the late 1950s, Mae sold her Salem restaurant, but she operated the Pinkard's Court location for many more years. Mae Whitfield died in 1986 when she was struck by a car while crossing Rt. 220. The building that once was Mae's still stands, and is used today as a Masonic lodge. **



Carilion Children's is dedicated to the brave kids, the strong kids, the big and small kids—all kids.





CHILL ON THE DECK



EST. 1980

540-389-5999 | www.macandbobs.com